

Managing CLN2 disease: a treatable neurodegenerative condition among other treatable early childhood epilepsies

Mazurkiewicz-Bełdzińska, Maria; del Toro, Mireia; Haliloğlu, Göknur; Huidekoper, Hidde H.; Kravljanac, Ružica; Mühlhausen, Chris; Andersen, Brian Nauheimer; Prpić, Igor; Striano, Pasquale; Auvin, Stéphane

Source / Izvornik: **Expert Review of Neurotherapeutics**, 2021, 21, 1275 - 1282

Journal article, Published version

Rad u časopisu, Objavljena verzija rada (izdavačev PDF)

<https://doi.org/10.1080/14737175.2021.1885374>

Permanent link / Trajna poveznica: <https://um.nsk.hr/um:nbn:hr:184:506279>

Rights / Prava: [Attribution-NonCommercial-NoDerivatives 4.0 International](#)/[Imenovanje-Nekomercijalno-Bez prerada 4.0 međunarodna](#)

Download date / Datum preuzimanja: **2024-05-18**



Repository / Repozitorij:

[Repository of the University of Rijeka, Faculty of Medicine - FMRI Repository](#)





Managing CLN2 disease: a treatable neurodegenerative condition among other treatable early childhood epilepsies

Maria Mazurkiewicz-Beldzińska, Mireia del Toro, Göknur Haliloğlu, Hidde H. Huidekoper, Ružica Kravljanac, Chris Mühlhausen, Brian Nauheimer Andersen, Igor Prpić, Pasquale Striano & Stéphane Auvin

To cite this article: Maria Mazurkiewicz-Beldzińska, Mireia del Toro, Göknur Haliloğlu, Hidde H. Huidekoper, Ružica Kravljanac, Chris Mühlhausen, Brian Nauheimer Andersen, Igor Prpić, Pasquale Striano & Stéphane Auvin (2021) Managing CLN2 disease: a treatable neurodegenerative condition among other treatable early childhood epilepsies, Expert Review of Neurotherapeutics, 21:11, 1275-1282, DOI: [10.1080/14737175.2021.1885374](https://doi.org/10.1080/14737175.2021.1885374)

To link to this article: <https://doi.org/10.1080/14737175.2021.1885374>



© 2021 The Author(s). Published by Informa UK Limited, trading as Taylor & Francis Group.



Published online: 04 Mar 2021.



Submit your article to this journal [↗](#)



Article views: 2447



View related articles [↗](#)



View Crossmark data [↗](#)












Citing articles: 3 View citing articles [↗](#)

REVIEW



Managing CLN2 disease: a treatable neurodegenerative condition among other treatable early childhood epilepsies

Maria Mazurkiewicz-Beldzińska ^a, Mireia del Toro ^b, Göknur Haliloğlu^c, Hidde H. Huidekoper ^d,
Ružica Kravljanić ^e, Chris Mühlhausen ^f, Brian Nauheimer Andersen ^g, Igor Prpić ^h, Pasquale Striano ^{i,j}
and Stéphane Auvin ^k

^aDepartment of Developmental Neurology, Medical University of Gdańsk, Gdańsk, Poland; ^bDepartment of Pediatric Neurology, Vall d'Hebron University Hospital, Barcelona, Spain; ^cDepartment of Pediatrics, Faculty of Medicine, Hacettepe University, Ankara, Turkey; ^dDepartment of Pediatrics, Center for Lysosomal and Metabolic Diseases, Erasmus MC, University Medical Center Rotterdam, Rotterdam, Netherlands; ^eInstitute for Mother and Child Healthcare of Serbia, Faculty of Medicine, University of Belgrade, Belgrade, Serbia; ^fDepartment of Pediatrics and Adolescent Medicine, University Medical Center, Göttingen, Germany; ^gDepartment of Pediatric and Adolescent Medicine, Centre for Rare Diseases, Aarhus University Hospital, Aarhus, Denmark; ^hFaculty of Medicine, Clinical Hospital Centre Rijeka, University of Rijeka, Rijeka, Croatia; ⁱPediatric Neurology and Muscular Diseases Unit, IRCCS Istituto Giannina Gaslini, Genova, Italy; ^jDepartment of Neurosciences, Rehabilitation, Ophthalmology, Genetics, Maternal and Child Health, University of Genova, Genova, Italy; ^kPediatric Neurology Department, Rare Epilepsy Center, Université de Paris, Robert Debré University Hospital, Paris, France

ABSTRACT

Introduction: Neuronal ceroid lipofuscinosis type 2 (CLN2 disease) is a rare pediatric neurodegenerative condition, which is usually fatal by mid-adolescence. Seizures are one of the most common early symptoms of CLN2 disease, but patients often experience language deficits, movement disorders, and behavioral problems. Diagnosis of CLN2 disease is challenging (particularly when differentiating between early-onset developmental, metabolic, or epileptic syndromes), and diagnostic delays often overlap with rapid disease progression. An enzyme replacement therapy (cerliponase alfa) is now available, adding CLN2 disease to the list of potentially treatable disorders requiring a prompt diagnosis.

Areas covered: Although advances in enzymatic activity testing and genetic testing have facilitated diagnoses of CLN2 disease, our review highlights the presenting symptoms that are vital in directing clinicians to perform appropriate tests or seek expert opinion. We also describe common diagnostic challenges and some potential misdiagnoses that may occur during differential diagnosis.

Expert opinion: An awareness of CLN2 disease as a potentially treatable disorder and increased understanding of the key presenting symptoms can support selection of appropriate tests and prompt diagnosis. The available enzyme replacement therapy heralds an even greater imperative for early diagnosis, and for clinicians to direct patients to appropriate diagnostic pathways.

ARTICLE HISTORY

Received 7 December 2020
Accepted 1 February 2021

KEYWORDS

CLN2 disease; diagnosis;
epilepsy; language; late
infantile; seizures

1. Introduction

Neuronal ceroid lipofuscinosis type 2 (CLN2 disease) is a rare, but severe, rapidly progressive, pediatric neurodegenerative disease associated with seizures, language deficits, and motor dysfunction. In later stages, it is characterized by a progressive decline of visual and cognitive functions, and it is usually fatal by early adolescence [1–6]. Because of the nonspecific nature of the presenting symptoms of CLN2 disease, there is often a diagnostic delay, which can result in delays to the provision of disease-specific treatment [7], including complex multidisciplinary care and the enzyme replacement therapy (ERT) cerliponase alfa [6,8,9]. In this article, we aim to emphasize the importance of early diagnosis for potentially treatable pediatric epilepsy syndromes such as CLN2 disease and highlight the key features that can raise clinical suspicion, as well as presenting diagnostic challenges.

The determination of the etiology of seizures and epilepsy is vital, as some etiologies have a treatment that may modify the disease course or be managed with a specific approach

[10]. Although some etiologies can be established by imaging, or associations with infectious diseases or immune disorders, the identification of a genetic or metabolic epilepsy may be more challenging [10].

Inherited metabolic diseases associated with epilepsy can be caused by a broad range of genetic defects [10]. Although metabolic epilepsies are rare, seizures are a common feature of metabolic disorders, alongside other neurological symptoms such as motor dysfunction and intellectual disabilities [11,12]. Given the potential severity of these disorders, the progressive nature of symptoms, and the availability of potential pharmacological or metabolic treatments, identification of the cause is imperative [11,12]. As metabolic epilepsies are rare [11–13], there may be limited awareness of specific individual epilepsies among clinicians who assess patients in early disease stages. To combat diagnostic delays, testing for potentially treatable metabolic diseases in patients with epilepsy can be considered a priority.

Such rare, but treatable, early childhood metabolic epilepsies include, among others, pyridoxine-dependent epilepsy (PDE),

Article highlights

- CLN2 disease is a rare pediatric disease associated with seizures, language deficits, and progressive neurological decline.
- CLN2 disease is usually fatal by mid-adolescence, although an enzyme replacement therapy that slows disease progression is now available.
- Early diagnosis is key to accessing treatment, but diagnosis is challenging because of similarities with other disorders and limited awareness of CLN2 disease because of its rarity.
- Seizures are one of the most common presenting symptoms, although patients may also present with language deficits, movement disorders and behavioral issues.
- The results of clinical tests, such as electroencephalography (EEG) and magnetic resonance imaging (MRI), may also provide clues that can raise suspicion of CLN2 disease.
- Although enzyme activity testing and genetic testing have advanced, a range of tests are now available, and selection must be guided by an understanding of the diseases that each test can diagnose.
- An awareness of key presenting symptoms is of vital importance in directing clinicians to seek expert advice or appropriate tests that can confirm a diagnosis and providing patients with opportunities to access treatment at an early disease stage.
- We ask that clinicians consider CLN2 disease as a treatable disorder for which diagnosis should be prioritized.

cerebral folate deficiency, cerebral creatine deficiency syndromes, and glucose transporter 1 (GLUT1) deficiency. These diseases exemplify the breadth of nonspecific symptoms that metabolic epilepsies can present with and how clinical tests can raise suspicion before confirmatory diagnostic tests (Table 1).

Alongside the supportive and palliative care provided for pediatric patients with rare progressive disorders, more and more of these diseases may increasingly be treated with causative dietary and pharmacological therapies. Although knowledge of the long-term outcomes of patients treated with the described therapies is limited, these therapies can have a positive impact on various symptoms, and, in some cases, are most effective if started in the early stages of disease. Early diagnosis for all severe progressive disorders is of high importance in order to ensure that genetic counseling can be provided, if appropriate, and that multidisciplinary teams can be established to provide symptomatic, supportive, and palliative care as the disease progresses. For those disorders with a specific pharmacological or dietary treatment, early identification of the cause is of additional importance to ensure that treatments can be provided at a disease stage at which they can have the greatest positive impact. As clinical assessments such as EEG and MRI may be carried out routinely in children with seizures, information on nonspecific features (such as cerebellar atrophy) may be readily available and used to guide the focus toward specific diagnostic tests. These tests may then be selected to include disorders with a pharmacological or dietary treatment and provide information associated with multiple diseases. Indeed, an algorithm to support test selection has been developed, focusing on identifying treatable metabolic disorders [12]. With genetic testing available for each of the disorders in Table 1, the key to early diagnosis is piecing together the timeline of nonspecific signs and symptoms in order to select appropriate genetic and

other diagnostic tests as early as possible [14]. An ERT for CLN2 disease is now available, and early diagnosis of this disease should be imperative, as for other metabolic epilepsies with specific pharmacological or dietary interventions as described above.

2. CLN2 disease

CLN2 disease is a lysosomal storage disorder in the neuronal ceroid lipofuscinosis (NCL) family caused by deficiency of the lysosomal enzyme tripeptidyl peptidase 1 (TPP1), resulting from mutations in the *TPP1* gene [2,28]. CLN2 disease is rare, affecting fewer than 1 in 100,000 live births in most studied populations [1,2,6,29–31]. CLN2 disease typically presents with seizures between the age of 2 and 4 years, with language delays increasingly reported as a preceding symptom [1,3–5,7,32]. In an observational cohort study, seizures and language deficits were one of the presenting symptoms in 70% of patients and 57% of patients, respectively [7]. Other symptoms reported at presentation included developmental delay, motor dysfunction, ataxia, behavioral abnormalities, and dementia [1,7,32,33].

2.1. Natural history of CLN2 disease and management of symptoms and progression

Beyond the potential variation in presenting symptoms, CLN2 disease is universally rapidly progressive, with motor, cognitive, and visual decline becoming apparent, and behavioral disturbances in some patients [1–5,7,33–36]. The period of rapid progression begins soon after symptom onset and lasts from approximately 3–6 years of age [7]; CLN2 disease is usually fatal by mid-adolescence [1–3,7]. Seizures frequently become more severe, more frequent, and resistant to AEDs as the disease evolves, and several commonly used AEDs (such as carbamazepine and phenytoin) may be associated with deterioration of motor functions in patients with CLN2 disease [3,5,6,33]. Visual decline can result in blindness by the age of 10 years [1,4,5], and as language deficits progress, speech is also lost [5,7]. Progressive motor dysfunction and movement disorders can incorporate myoclonus, dystonia, and spasticity, and patients usually become wheelchair-bound [5–7], and movement disorders, discomfort, and pain can also disrupt sleep [1]. In the later stage of CLN2 disease, patients commonly have respiratory infections and swallowing difficulties that require percutaneous endoscopic gastrostomy tubes [2,3,5–7,33].

CLN2 disease requires a well-planned multidisciplinary approach through its progression because of these multiple, complex symptoms. Historically, management of CLN2 disease has relied on multidisciplinary symptomatic and palliative care with input from a diverse range of experts, such as pediatric neurologists, epileptologists, and ophthalmologists [6]. The establishment of the multidisciplinary team at an early stage is crucial in maintaining quality of life and proactively planning the management of complications.

In 2017, the first ERT for an NCL was approved in the USA and European Union [8,9]. Cerliponase alfa (recombinant human TPP1) is approved for the treatment of CLN2 disease (and specifically for slowing the loss of ambulation in

Table 1. Symptoms and diagnostic features of childhood epilepsy syndromes with pharmacological or dietary treatments.

Disorder/group of disorders	Neurological symptoms	Diagnostic features	Treatment
PDE [14–17]	Seizures, dystonia, increased startle response, irritability, intellectual disability and developmental delay	Electroencephalography (EEG) <ul style="list-style-type: none"> • Diffuse slowing • Generalized bursts of polyspike slow waves • Focal or generalized sharp waves • Hypsarrhythmia • Focal or multifocal discharges Magnetic resonance imaging (MRI) <ul style="list-style-type: none"> • Hemispheric hypoplasia or atrophy • Cerebellar or cortical dysplasia • Intracerebral hemorrhage • Periventricular hyperintensity Urinary, plasma and cerebrospinal fluid (CSF) metabolite, amino acid, and neurotransmitter level abnormalities	Acute intravenous pyridoxine, followed by long-term oral or enteral pyridoxine A lysine-restricted diet may be an addition to pyridoxine therapy to improve seizure control and psychomotor development Some patients may have seizures that respond to folinic acid
Cerebral folate deficiency [14,18–22]	Seizures, psychomotor regression, and behavioral symptoms	MRI <ul style="list-style-type: none"> • Demyelination defects and cerebellar atrophy Low levels of methyltetrahydrofolate in CSF	Oral and/or intrathecal folinic acid, which is most effective if started in early childhood
Cerebral creatine deficiency syndromes [14,23]	Seizures, developmental delay movement disorders, language deficits, and behavioral symptoms	MRI <ul style="list-style-type: none"> • Globus pallidus involvement (GAMT deficiency) Magnetic resonance spectroscopy <ul style="list-style-type: none"> • Absence of brain creatine peak 	Dietary supplements for seizures and movement disorders in AGAT deficiency (oral creatine) and GAMT deficiency (oral creatine, arginine, and ornithine) Antiepileptic drugs (AEDs) for seizures in CT1 deficiency
<ul style="list-style-type: none"> • L-Arginine:glycine amidinotransferase (AGAT) deficiency • Guanidinoacetate methyltransferase (GAMT) deficiency • Creatine transporter 1 (CT1) deficiency (X-linked) 			
GLUT1 deficiency [14,24–27]	Seizures (absence before 4 years of age; myoclonic and other types; developmental delay; movement disorders; language deficits; cognitive deficits; and microcephaly)	Low levels of glucose in CSF and normal levels of lactate in CSF	Ketogenic diet for seizures, movement disorders, and cognitive deficits, which is most effective if initiated early in the disease

GLUT1, glucose transporter 1; PDE, pyridoxine-dependent epilepsy.

symptomatic children aged ≥ 3 years in the USA) following trials showing that intracerebroventricular infusions every other week reduce the rate of decline of motor and language function [37]. Trials of cerliponase alfa are ongoing in younger, potentially asymptomatic patients (<3 years old), and for extended periods to understand the long-term impact of this ERT [38].

With the advent of treatment for CLN2 disease, it is now imperative to ensure that patients are diagnosed as early as possible to allow treatment to be initiated. Further to cerliponase alfa, trials of gene therapies for CLN2 disease are ongoing [39], and with the potential for different treatment options, the impetus to diagnose patients promptly will become even greater. Prompt diagnosis is also key for ensuring support for family and caregivers and for provision of genetic counseling.

The healthcare professional (HCP) who first assesses CLN2 disease can vary depending on the healthcare system. Patients with seizures alone can present to a range of specialists from primary care or family physicians, to pediatric neurologists, general pediatricians, or neurologists, or accident and emergency clinicians. Speech and language therapists or psychologists can also be involved. In some cases, there may be a suspicion of genetic or metabolic epilepsy, and metabolic or genetic specialists can be involved at an early stage. Across this spectrum of HCPs, there is

a varying degree of awareness of NCLs and CLN2 disease, and this in turn can lead to delays in diagnosis and delays in accessing disease-specific treatment.

2.2. Diagnosis of CLN2 disease: possibilities and pitfalls

Diagnostic delays of over 2 years are not uncommon for patients with CLN2 disease, and these coincide with the period during which rapid disease progression begins [7]. Aside from limited awareness of CLN2 disease, several other factors may delay its diagnosis. Early symptoms such as seizures and language delays are also associated with many other diseases. As a result, non-specific language disorders and other epilepsy syndromes are common misdiagnoses (Table 2; this table is not to be considered a full list of potential misdiagnoses, and other metabolic disorders may share some overlap with CLN2 disease).

Language deficits may be subtle, and because language development within the general population in early childhood is highly variable, the significance of this early symptom may not be fully considered [5,6]. Also, motor dysfunction, ataxia, and coordination problems may be attributed to being a side effect of AEDs rather than diagnostic clues for CLN2 disease [6]. Treatment-responsive seizures or delay between early

Table 2. Common misdiagnoses associated with the nonspecific symptoms of CLN2 disease.

Symptoms	Epilepsy	Language deficits	Motor impairment	Visual impairment	Developmental delay	Behavioral issues	Intellectual disabilities, cognitive deficits, or dementia	Brain abnormalities on MRI
Disorder(s)								
Cerebral palsy [40]	✓	✓	✓	✓	✓	✓	✓	✓
Other NCLs [2,32,33]	✓	✓	✓	✓	✓	-	✓	✓
	Age of onset varies by subtype		Tremor, falls, hypotonia		Regression		Regression	Cerebral or cerebellar atrophy
Dravet syndrome [41–43]	✓	✓	Ataxia, hypotonia	✓	✓	✓	✓	-
	Occurs from infancy					Autism, attention deficit hyperactivity disorder, aggression, irritability		
GLUT1 deficiency [14,24]	✓	✓	✓	-	✓	-	✓	-
	Occurs from infancy		Hypotonia, spasticity, dystonia, ataxia, movement disorders					
Myoclonic astatic epilepsy (MAE or Doose syndrome) [44,45]	✓	-	-	-	-	-	✓	-
	Occurs from early childhood or infancy							
Chromosomal abnormalities [46–51]	✓	✓	✓	-	✓	✓	✓	-
Mitochondrial disorders [52,53]	✓	✓	✓	✓	✓	✓	✓	✓
Angelman syndrome [54,55]	✓	✓	✓	-	✓	✓	✓	-
Autism spectrum disorder [56,57]	✓	✓	-	-	-	✓	✓	-
Other inherited metabolic disorders with accumulated cellular material ^a [58–62]	✓	✓	✓	✓	✓	✓	✓	✓
					Regression		Regression	Periventricular abnormalities, hyperintensities, demyelination

^aIncluding leukodystrophies, lipid storage disorders, mucopolysaccharidoses, and peroxisomal disorders. GLUT1, glucose transporter 1; MRI, magnetic resonance imaging; NCL, neuronal ceroid lipofuscinosis.

seizures and the development of pharmacoresistance are further challenges, as are ‘watch and wait’ approaches (which may delay diagnosis).

Several potential features that may be reported in early disease stages can be extremely useful in raising suspicion of CLN2 disease. EEGs, both while the patient is awake and asleep, are frequently carried out after a seizure. Some patients with CLN2 disease may have a characteristic photoparoxysmal response (PPR) during EEG with low-frequency (1–3 Hz) intermittent photic stimulation (IPS) [63–65]. Although not always reported during the first post-seizure EEG [32], the use of low-frequency IPS could raise suspicion of CLN2 disease. Currently, low-frequency IPS may not be routinely included in early assessments of patients with seizures, and an opportunity for early diagnosis or a heightening of clinical suspicion may be missed.

Early anatomic changes (such as cerebral or cerebellar atrophy; cortical thinning; or white matter changes) may be detectable on MRI [5,34,63,66–68]. As MRI is often performed in the early post-seizure period to detect structural

abnormalities, there exists the possibility of using these MRI data to raise suspicion of CLN2 disease. Although visual impairment is not a common feature of early CLN2 disease [7], a small number of patients may show retinal dysfunction on an electroretinogram (ERG) or abnormal visual evoked potentials (VEPs) [32].

The diagnostic algorithm for CLN2 disease incorporates genetic testing for *TPP1* mutations and enzyme activity testing of TPP1 to confirm the diagnosis [69]. This algorithm provides several routes to confirmatory diagnosis, based on levels of suspicion for CLN2 disease, ranging from suspicion of genetic epilepsy to suspicion of an NCL, and then suspicion of CLN2 disease. Although pediatric neurologists and epileptologists may recognize that genetic epilepsy is present, because CLN2 disease and NCLs as a group are so rare [1,2,6,29–31,70] there is a risk that any molecular diagnostic tests conducted do not include *TPP1*. Although genetic screens and diagnostic panels are becoming increasingly available [71,72], the percentage of screens and assays that include CLN2 disease is not known, and these methods can be expensive and/or take longer to provide

results than more limited analyses [69]. An advantage of screens is that there does not need to be clinical suspicion of all the diseases that the screen can diagnose. In contrast, the disadvantage is that screens rely on an awareness of disease coverage, and not all rare and ultra-rare diseases will be included.

A deficiency of TPP1 activity in dried blood spots (DBS), fibroblasts, and leukocytes is considered diagnostic of CLN2 disease in combination with genetic testing. As with genetic testing, there is variation between these testing options, in terms of turnaround times for analysis, sample stability, and specificity [69]. A simple, inexpensive, yet reliable fluorometric method has been developed to assess TPP1 activity in DBS [73], and the use of this sample type may be an important consideration in regions where logistical difficulties affect sample storage and transport by providing a simple, quick screening option that can be followed by targeted confirmatory genetic tests.

2.3. Summary of key presenting symptoms and steps to reduce time to diagnosis

In order to diagnose CLN2 disease as early as possible, the following features of CLN2 disease should be noted, and if present, screening tests for CLN2 disease should be implemented:

- First unprovoked seizure between the age of 2 and 4 years in combination with any of:
 - A family history of CLN2 disease, unexplained neurological disease or death associated with neurological factors during childhood
 - Patient history or family reports of the patient experiencing:
 - Language deficits or delays
 - Clumsiness or a lack of coordination; tremors; frequent falls; a wide-based gait; spasticity; or hypotonia
 - Behavioral problems
 - Hyperactivity/attention deficit hyperactivity disorder
 - Regression, slowing, or loss of acquired developmental milestones
 - Myoclonus
 - PPR with low-frequency IPS
 - Cerebellar atrophy on MRI

The following steps on the diagnostic pathway should be undertaken accordingly:

- Collect a detailed medical history, incorporating family and caregiver reports of language, motor, cognitive, social, and behavioral abilities
- Carry out or reassess:
 - EEG (awake and asleep) and using low-frequency IPS, to identify PPR
 - ERG and VEPs, to identify abnormalities
 - MRI, to identify cerebellar atrophy and/or periventricular white matter changes
- Test for CLN2 disease and treat, or refer to a specialist

- Undertake diagnostic enzyme activity or genetic testing
 - It is important to understand differences in time frames and costs between the available testing options in different healthcare systems in order to select an appropriate screen for patients with a rapidly progressive disease
 - Fluorometric enzyme activity assays using DBS followed by genetic analysis of *TPP1* can provide a quick, inexpensive route to diagnosis
 - Be aware that not all targeted epilepsy gene panels include *TPP1*

If all diagnostic features have been collated and considered and a diagnosis has still not been achieved, request specialist advice, and reevaluate the patient, testing strategy and differential diagnosis.

3. Conclusion

A diagnosis of CLN2 disease must not be missed or delayed. CLN2 disease is a severe, rapidly progressive neurodegenerative disorder that is fatal in late childhood or early adolescence. Prompt diagnosis is key, not only for ensuring access to treatment at an early disease stage but also for putting in place long-term strategies to optimize quality of life as the disease progresses and for providing families with support.

The characteristic presenting symptom of unprovoked seizures between the ages of 2 and 4 years can be considered alongside a potentially broad range of other symptoms affecting language, motor function, coordination, and behavior. Thorough assessments of medical and family history can provide diagnostic clues, as can other clinical assessments. If diagnosis is uncertain, broad screening tests (such as DBS analyses) may provide simple, inexpensive options, although it is vital to ensure that any large-scale screens or confirmatory tests include *TPP1*. If resources need to be managed carefully, diagnostic tests could initially be focused on excluding treatable diseases. When the diagnostic process has come to a halt, it will be necessary to seek advice from a specialist or involve other clinicians in a panel discussion; these discussions may include other clinicians in the same hospital or be established at a national or international level with input from rare disease centers or European Reference Networks. Although challenging, ensuring that no diseases are forgotten during the differential diagnosis is a key step in timely diagnosis and starting patients on a pathway to optimal outcomes.

4. Expert opinion

The key presenting symptoms described above highlight what is already known about the presentation of CLN2 disease. While patients often present with seizures, other diagnostic clues, such as language deficits, motor dysfunction and behavioral issues, can be obtained through a detailed examination of medical histories, and discussions with family members and caregivers. In addition, clinical assessments, such as EEG and MRI, may be conducted in children who present with seizures, and the information needed to raise suspicion of CLN2 disease could be close

at hand during early disease stages. The main challenges of putting this information into practice are that the presenting symptoms are very similar to those of other, sometimes more common, disorders, and CLN2 disease is rare. To combat the first challenge, nonspecific presenting symptoms, clinicians can use broad diagnostic tools covering a wide range of disorders associated with the symptoms in question. With TPP1 included in both enzyme activity and genetic screens, clinicians need not choose to consider a diagnosis of CLN2 disease in isolation from other possible disorders; the key is ensuring that selected tests include disorders with a treatment so patients can benefit from a specific intervention in the early stages of disease.

The second challenge, diagnosing a rare disease, requires a heightened awareness among clinicians treating patients in early disease stages. Indeed, clinicians may see patients with CLN2 disease very rarely, if at all, and it is likely that, as they work through a differential diagnosis, other more common disorders are considered first. Raising awareness likely involves campaigns targeting clinicians with differing expertise in rare metabolic neurological syndromes, such as CLN2 disease. For clinicians with a more general expertise across a diverse range of diseases, such as emergency room specialists, the aim of campaigns could be to ensure that expert advice is sought to direct the patient to appropriate testing. For pediatric neurologists, campaigns could focus on clarifying the relevance of potential presenting symptoms and ensuring that the diagnostic tests selected cover CLN2 disease and other disorders for which early treatment may have the greatest positive impact. Managers of diagnostic departments could be contacted to confirm that their screening processes incorporate CLN2 disease.

An example of how panels may be used to identify patients with genetic epilepsies is a prospective, multicenter study of targeted resequencing using a 283-gene next-generation sequencing panel to analyze samples from 21 children with neurodevelopmental abnormalities (aged 24–60 months) after the first unprovoked seizure [74]. Four children were diagnosed with a genetic disorder, resulting in a diagnostic yield of 19%. One patient was diagnosed with CLN2 disease, as a homozygous splice acceptor variant (c.509–1G>C) was identified in *TPP1*, further supporting the efficacy of targeted resequencing in identifying genetic causes of childhood epilepsy. Such studies raise awareness of the ability of panels and screens to diagnose rare genetic disorders.

In the coming years, as trials of cerliponase alfa continue and long-term data are collected, we might expect that awareness of CLN2 disease will increase. Advances in diagnostic testing will continue, and with increasing disease coverage comes an increasing likelihood that CLN2 disease will be incorporated. Even so, CLN2 disease will remain a rare disease, and broad diagnostic screens could still be one of the most expensive testing options. Moving forward there will be an enduring need to make sure that clinicians consider CLN2 disease, and targeted campaigns have a role to play in this.

If the symptomatic clues can be spotted and appropriate testing tools are in place, early diagnosis is a realistic outcome for patients with CLN2 disease. As a treatment, cerliponase alfa, is now available, we ask that clinicians move from considering CLN2 disease as a very rare disorder requiring symptomatic and palliative management to one for which patients

now have a disease-modifying option that requires diagnosis to be prioritized.

Abbreviations

AED	Antiepileptic drug
AGAT	L-Arginine:glycine amidinotransferase
CLN2	Neuronal ceroid lipofuscinosis type 2
CSF	Cerebrospinal fluid
CT1	Creatine transporter 1
DBS	Dried blood spot
EEG	Electroencephalography
ERG	Electroretinogram/electroretinography
ERT	Enzyme replacement therapy
GAMT	Guanidinoacetate methyltransferase
GLUT1	Glucose transporter 1
HCP	Healthcare professional
IPS	Intermittent photic stimulation
MAE	Myoclonic astatic epilepsy
MRI	Magnetic resonance imaging
NCL	Neuronal ceroid lipofuscinosis
PDE	Pyridoxine-dependent epilepsy
PPR	Photoparoxysmal response
TPP1	Tripeptidyl peptidase 1
VEP	Visual evoked potential

Acknowledgments

This manuscript was developed after discussions at a meeting of experts organized and supported by BioMarin Europe Ltd. Writing support was provided by Emma Conran, Porterhouse Medical, Reading, UK, and funded by BioMarin Europe Ltd.

Funding

P Striano developed this research within the framework of the DINOGMI Department of Excellence of MIUR 2018–2022 (Legge 232 del 2016).

Declaration of interest

All authors received an honorarium from BioMarin Europe Ltd for their contributions to an expert meeting at which it was agreed that this manuscript should be developed. In addition, H Huidekoper reports institutional reimbursement from BioMarin Europe Ltd, outside of the submitted work. M Mazurkiewicz-Beldzińska reports personal fees from Biogen; personal fees from Roche; personal fees from BioMarin Europe Ltd; and personal fees from Novartis, outside of the submitted work. C Mühlhausen reports personal fees from PTC Therapeutics Germany GmbH, outside of the submitted work. I Prpić reports non-financial support from Dravet Syndrome Association Croatia; grants, personal fees and non-financial support from BioMarin Europe Ltd; non-financial support from Merck; non-financial support from Belupo d.d.; personal fees and non-financial support from Makpharm d.o.o.; personal fees and non-financial support from Pliva d.o.o.; non-financial support from Academy for Child Neurodevelopment; personal fees from Medis d.o.o.; non-financial support from the organizer of 'New Challenges in Paediatrics' Symposium, Croatia, March 2020; and personal fees and non-financial support from BioMarin Pharmaceutical Inc., outside of the submitted work. P Striano reports personal fees from Zogenix; personal fees from GW Pharmaceuticals; personal fees from Enecta BV; and personal fees from Proveca during the conduct of the study. S Auvin reports personal fees and non-financial support from BioMarin, outside of the submitted work. The authors have no other relevant affiliations or financial involvement with any organization or

entity with a financial interest in or conflict with the subject matter or materials discussed in this manuscript apart from those disclosed.

Reviewer disclosures

Peer reviewers on this manuscript have no relevant financial or other relationships to disclose.

ORCID

Maria Mazurkiewicz-Beldzińska  <http://orcid.org/0000-0002-9405-5066>
 Mireia del Toro  <http://orcid.org/0000-0002-8163-1853>
 Hidde H. Huidekoper  <http://orcid.org/0000-0003-1276-0931>
 Ružica Kravljanić  <http://orcid.org/0000-0002-5481-9754>
 Chris Mühlerhausen  <http://orcid.org/0000-0003-0516-1826>
 Brian Nauheimer Andersen  <http://orcid.org/0000-0002-6404-1667>
 Igor Prpić  <http://orcid.org/0000-0001-9000-7684>
 Pasquale Striano  <http://orcid.org/0000-0002-6065-1476>
 Stéphane Auvin  <http://orcid.org/0000-0003-3874-9749>

References

Papers of special note have been highlighted as either of interest (•) or of considerable interest (••) to readers.

- Chang M, Cooper JD, Davidson BL, et al. CLN2. In: Mole S, Williams R, Goebel H, editors. The neuronal ceroid lipofuscinoses (Batten disease). Oxford (UK): Oxford University Press; 2011. p. 80–109. Chapter 7, CLN2 disease.
- Bennett MJ, Rakheja D. The neuronal ceroid-lipofuscinoses. *Dev Disabil Res Rev*. 2013;17(3):254–259.
- Kohlschütter A, Schulz A. CLN2 disease (classic late infantile neuronal ceroid lipofuscinosis). *Pediatr Endocrinol Rev*. 2016;13(Suppl 1):682–688.
- Steinfeld R, Heim P, von Gregory H, et al. Late infantile neuronal ceroid lipofuscinosis: quantitative description of the clinical course in patients with CLN2 mutations. *Am J Med Genet*. 2002;112(4):347–354.
- Worgall S, Kekatpure MV, Heier L, et al. Neurological deterioration in late infantile neuronal ceroid lipofuscinosis. *Neurology*. 2007;69(6):521–535.
- Williams RE, Adams HR, Blohm M, et al. Management strategies for CLN2 disease. *Pediatr Neurol*. 2017;69:102–112.
- This article details the management requirements for patients with CLN2 disease, highlighting the range of symptoms from presentation to end stages.**
- Nickel M, Simonati A, Jacoby D, et al. Disease characteristics and progression in patients with late-infantile neuronal ceroid lipofuscinosis type 2 (CLN2) disease: an observational cohort study. *Lancet Child Adolesc Health*. 2018; 2(8): 582–590.
- This article examines the natural history of untreated CLN2 disease.**
- BioMarin Pharmaceutical Inc; Novato, CA 94949, USA. Cerliponase alfa (Brineura) [prescribing information]. 2017.
- BioMarin International Limited; Cork, Ireland. Cerliponase alfa (Brineura) [summary of product characteristics]. 2017.
- Scheffer IE, Berkovic S, Capovilla G, et al. ILAE classification of the epilepsies: position paper of the ILAE commission for classification and terminology. *Epilepsia*. 2017 Apr;58(4):512–521.
- Sharma S, Prasad AN. Inborn errors of metabolism and epilepsy: current understanding, diagnosis, and treatment approaches. *Int J Mol Sci*. 2017;18(7):1384.
- van Karnebeek CDM, Sayson B, Lee JY, et al. Metabolic evaluation of epilepsy: a diagnostic algorithm with focus on treatable conditions. *Front Neurol*. 2018;9:1016.
- Campistol J. Epilepsy in inborn errors of metabolism with therapeutic options. *Semin Pediatr Neurol*. 2016 Nov;23(4):321–331.
- Mastrangelo M. Actual insights into treatable inborn errors of metabolism causing epilepsy. *J Pediatr Neurosci*. 2018 Jan-Mar;13(1):13–23.
- van Karnebeek CDM, Stockler-Ipsiroglu S, Jaggamantri S, et al. Lysine-restricted diet as adjunct therapy for pyridoxine-dependent epilepsy: the PDE consortium consensus recommendations. *JIMD Rep*. 2014;15:1–11.
- Naasan G, Yabroudi M, Rahi A, et al. Electroencephalographic changes in pyridoxine-dependant epilepsy: new observations. *Epileptic Disord*. 2009 Dec;11(4):293–300.
- Stockler S, Plecko B, Gospe SM Jr., et al. Pyridoxine dependent epilepsy and antiquitin deficiency: clinical and molecular characteristics and recommendations for diagnosis, treatment and follow-up. *Mol Genet Metab*. 2011;Sep-Oct;104(1–2):48–60.
- Steinfeld R, Grapp M, Kraetzer R, et al. Folate receptor alpha defect causes cerebral folate transport deficiency: a treatable neurodegenerative disorder associated with disturbed myelin metabolism. *Am J Hum Genet*. 2009 Sep;85(3):354–363.
- Grapp M, Just IA, Linnankivi T, et al. Molecular characterization of folate receptor 1 mutations delineates cerebral folate transport deficiency. *Brain*. 2012 Jul;135(Pt 7):2022–2031.
- Ramaekers V, Sequeira JM, Quadros EV. Clinical recognition and aspects of the cerebral folate deficiency syndromes. *Clin Chem Lab Med*. 2013 Mar 1;51(3):497–511.
- Sequeira JM, Ramaekers VT, Quadros EV. The diagnostic utility of folate receptor autoantibodies in blood. *Clin Chem Lab Med*. 2013 Mar 1;51(3):545–554.
- McFarland R. Cerebral folate deficiency—mishaps and misdirection. *Brain*. 2012 Jul;135(Pt 7):2002–2003.
- Leuzzi V, Mastrangelo M, Battini R, et al. Inborn errors of creatine metabolism and epilepsy. *Epilepsia*. 2013 Feb;54(2):217–227.
- De Giorgis V, Veggioni P. GLUT1 deficiency syndrome 2013: current state of the art. *Seizure*. 2013 Dec;22(10):803–811.
- Kossoff EH, Zupec-Kania BA, Auvin S, et al. Optimal clinical management of children receiving dietary therapies for epilepsy: updated recommendations of the international ketogenic diet study group. *Epilepsia Open*. 2018 Jun;3(2):175–192.
- Varesio C, Pasca L, Parravicini S, et al. Quality of life in chronic ketogenic diet treatment: the GLUT1DS population perspective. *Nutrients*. 2019 Jul 19;11(7):1650.
- De Giorgis V, Masnada S, Varesio C, et al. Overall cognitive profiles in patients with GLUT1 deficiency syndrome. *Brain Behav*. 2019 Mar;9(3):e01224.
- Golabek AA, Kida E, Walus M, et al. Biosynthesis, glycosylation, and enzymatic processing *in vivo* of human tripeptidyl-peptidase I. *J Biol Chem*. 2003;278(9):7135–7145.
- Teixeira C, Guimarães A, Bessa C, et al. Clinicopathological and molecular characterization of neuronal ceroid lipofuscinosis in the Portuguese population. *J Neurol*. 2003;250(6):661–667.
- Claussen M, Heim P, Knispel J, et al. Incidence of neuronal ceroid-lipofuscinoses in West Germany: variation of a method for studying autosomal recessive disorders. *Am J Med Genet*. 1992;42(4):536–538.
- Moore SJ, Buckley DJ, MacMillan A, et al. The clinical and genetic epidemiology of neuronal ceroid lipofuscinosis in Newfoundland. *Clin Genet*. 2008;74(3):213–222.
- Dozières-Puyraveau B, Nasser H, Elmaleh-Bergès M, et al. Paediatric-onset neuronal ceroid lipofuscinosis: first symptoms and presentation at diagnosis. *Dev Med Child Neurol*. 2020 Sep 5;62(4):528–530.
- Schulz A, Kohlschütter A, Mink J, et al. NCL diseases — clinical perspectives. *Biochim Biophys Acta*. 2013;1832(11):1801–1806.
- Pérez-Poyato MS, Marfa MP, Abizanda IF, et al. Late infantile neuronal ceroid lipofuscinosis: mutations in the CLN2 gene and clinical course in Spanish patients. *J Child Neurol*. 2013;28(4):470–478.
- Orlin A, Sondhi D, Witmer MT, et al. Spectrum of ocular manifestations in CLN2-associated Batten (Jansky-Bielschowsky) disease correlate with advancing age and deteriorating neurological function. *PLoS One*. 2013;8(8):e73128.

36. Quagliato EMAB, Rocha DM, Sacai PY, et al. Retinal function in patients with the neuronal ceroid lipofuscinosis phenotype. *Arq Bras Oftalmol.* **2017**;80(4):215–219.
37. Schulz A, Ajayi T, Specchio N, et al. Study of intraventricular cerliponase alfa for CLN2 disease. *N Engl J Med.* **2018**; 378(20): 1898–1907.
- **This article presents clinical trial data for cerliponase alfa for CLN2 disease.**
38. Schulz A, De Los Reyes E, Specchio N, et al. Cerliponase alfa for the treatment of CLN2 disease in an expanded patient cohort including children younger than three years. Poster presented at the Annual Symposium of the Society for the Study of Inborn Errors of Metabolism; Rotterdam, Netherlands, September 3–6, **2019**.
39. NIH. U.S. National Library of Medicine. ClinicalTrials.gov. Search results for 'CLN2 disease' (search performed June 2, **2020**).
40. Hallman-Cooper JL, Gossman W. Cerebral palsy. Treasure Island, FL: StatPearls Publishing; **2019**.
41. Mei D, Cetica V, Marini C, et al. Dravet syndrome as part of the clinical and genetic spectrum of sodium channel epilepsies and encephalopathies. *Epilepsia.* **2019** Dec;60(Suppl 3):S2–S7.
42. Anwar A, Saleem S, Patel UK, et al. Dravet syndrome: an overview. *Cureus.* **2019** Jun 26;11(6):e5006.
43. Tian X, Ye J, Zeng Q, et al. The clinical outcome and neuroimaging of acute encephalopathy after status epilepticus in Dravet syndrome. *Dev Med Child Neurol.* **2018** Jun;60(6):566–573.
44. Kelley SA, Kossoff EH. Doose syndrome (myoclonic-astatic epilepsy): 40 years of progress. *Dev Med Child Neurol.* **2010** Nov;52(11):988–993.
45. Wiemer-Kruel A, Haberlandt E, Hartmann H, et al. Modified Atkins diet is an effective treatment for children with Doose syndrome. *Epilepsia.* **2017** Apr;58(4):657–662.
46. Hu T, Zhang Z, Wang J, et al. Chromosomal aberrations in pediatric patients with developmental delay/intellectual disability: a single-center clinical investigation. *Biomed Res Int.* **2019**;2019:9352581.
47. Ahtam B, Link N, Hoff E, et al. Altered structural brain connectivity involving the dorsal and ventral language pathways in 16p11.2 deletion syndrome. *Brain Imaging Behav.* **2019** Apr;13(2):430–445.
48. Bernier R, Steinman KJ, Reilly B, et al. Clinical phenotype of the recurrent 1q21.1 copy-number variant. *Genet Med.* **2016** Apr;18(4):341–349.
49. Verrotti A, Carelli A, Di Genova L, et al. Epilepsy and chromosome 18 abnormalities: a review. *Seizure.* **2015** Nov;32:78–83.
50. Sunada F, Rash FC, Tam DA. MRI findings in a patient with partial monosomy 10p. *J Med Genet.* **1998**;35(2):159–161.
51. Gao Y, Ma YC, Ju YH, et al. Mosaicism trisomy 10 in a 14-month-old child with additional neurological abnormalities: case report and literature review. *BMC Pediatr.* **2018** Aug 6;18(1):266.
52. Kanungo S, Morton J, Neelakantan M, et al. Mitochondrial disorders. *Ann Transl Med.* **2018** Dec;6(24):475.
53. Vandana VP, Bindu PS, Sonam K, et al. Speech-language and swallowing manifestations and rehabilitation in an 11-year-old girl with MELAS syndrome. *J Pediatr Neurosci.* **2015** Jan-Mar;10(1):31–34.
54. Williams CA. Neurological aspects of the Angelman syndrome. *Brain Dev.* **2005** Mar;27(2):88–94.
55. Vatsa N, Jana NR. UBE3A and its link with autism. *Front Mol Neurosci.* **2018**;11:448.
56. Keller R, Basta R, Salerno L, et al. Autism, epilepsy, and synaptopathies: a not rare association. *Neurol Sci.* **2017** Aug;38(8):1353–1361.
57. Hodges H, Fealko C, Soares N. Autism spectrum disorder: definition, epidemiology, causes, and clinical evaluation. *Transl Pediatr.* **2020** Feb;9(Suppl 1):S55–S65.
58. Gomez-Ospina N. Arylsulfatase A deficiency. In: Adam MP, Ardinger HH, Pagon RA, editors. *GeneReviews*® [Internet]. Seattle: WA; **2017**; p. 1–25.
59. Orsini JJ, Escolar ML, Wasserstein MP, et al. Krabbe disease. In: Adam MP, Ardinger HH, Pagon RA, et al., editors. *GeneReviews*® [Internet]. Seattle: WA; **2018**; p. 1–21.
60. Alobaidy H. Recent advances in the diagnosis and treatment of Niemann-Pick disease type C in children: a guide to early diagnosis for the general pediatrician. *Int J Pediatr.* **2015**;2015:816593.
61. Bahi-Buisson N, Dulac O. Epilepsy in inborn errors of metabolism. *Handb Clin Neurol.* **2013**;111:533–541.
62. Tomatsu S, Pitz S, Hampel U. Ophthalmological findings in mucopolysaccharidoses. *J Clin Med.* **2019** Sep 14;8(9):1467.
63. Specchio N, Bellusci M, Pietrafusa N, et al. Photosensitivity is an early marker of neuronal ceroid lipofuscinosis type 2 disease. *Epilepsia.* **2017**;58(8):1380–1388.
64. Albert DV, Yin H, De Los Reyes EC, et al. Unique characteristics of the photoparoxysmal response in patients with neuronal ceroid lipofuscinosis type 2: can EEG be a biomarker? *J Child Neurol.* **2016**;31(13):1475–1482.
65. Jadav RH, Sinha S, Yasha TC, et al. Clinical, electrophysiological, imaging, and ultrastructural description in 68 patients with neuronal ceroid lipofuscinoses and its subtypes. *Pediatr Neurol.* **2014**;50(1):85–95.
66. Löbel U, Sedlaczek J, Nickel M, et al. Volumetric description of brain atrophy in neuronal ceroid lipofuscinosis 2: supratentorial gray matter shows uniform disease progression. *AJNR Am J Neuroradiol.* **2016**;37(10):1938–1943.
67. Dyke JP, Sondhi D, Voss HU, et al. Brain region-specific degeneration with disease progression in late infantile neuronal ceroid lipofuscinosis (CLN2 disease). *AJNR Am J Neuroradiol.* **2016**;37(6):1160–1169.
68. Johnson AM, Mandelstam S, Andrews I, et al. Neuronal ceroid lipofuscinosis type 2: an Australian case series. *J Paediatr Child Health.* **2020** Apr 24;56(8):1210–1218.
69. Fietz M, AlSayed M, Burke D, et al. Diagnosis of neuronal ceroid lipofuscinosis type 2 (CLN2 disease): expert recommendations for early detection and laboratory diagnosis. *Mol Genet Metab.* **2016**; 119(1–2): 160–167.
- **This articles explains recommendations for the diagnosis of CLN2 disease.**
70. Williams RE, Mole SE. New nomenclature and classification scheme for the neuronal ceroid lipofuscinoses. *Neurology.* **2012**;79(2):183–191.
71. Phillips KA, Deverka PA, Hooker GW, et al. Genetic test availability and spending: where are we now? Where are we going? *Health Aff (Millwood).* **2018** May;37(5):710–716.
72. Møller RS, Dahl HA, Helbig I. The contribution of next generation sequencing to epilepsy genetics. *Expert Rev Mol Diagn.* **2015**;15(12):1531–1538.
73. Lukacs Z, Nickel M, Murko S, et al. Validity of a rapid and simple fluorometric tripeptidyl peptidase 1 (TPP1) assay using dried blood specimens to diagnose CLN2 disease. *Clin Chim Acta.* **2019** May;492:69–71.
74. Amadori E, Scala M, Cereda GS, et al. Targeted re-sequencing for early diagnosis of genetic causes of childhood epilepsy: the Italian experience from the 'beyond epilepsy' project. *Ital J Pediatr.* **2020** Jul 6;46(1):92.
- **This article highlights the value of gene panels in diagnosing genetic epilepsies.**