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## Postramatic Torsion of Wandering Spleen in 9-year-old Boy

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### ABSTRACT

Post-traumatic torsion of wandering spleen is extremely rare cause of acute abdominal pain in children with only few cases reported. We report a case of a 9-year-old boy with wandering spleen torsion after bike crash and subacute clinical presentation. After a bicycle crash and a period of persistent fever family physician performed an ultrasound of abdomen which showed a round focal lesion of 10 x 12 cm in size, a spleen-like echogenicity in the middle-lower abdominal position and in the small pelvis, which raised suspicion of ectopic (wandering) spleen. The abdominal MSCT confirmed the diagnosis of wandering spleen. Numerous immunologic, hematological, radiological, infectious, endocrinological, chromosomal and cytological tests and markers confirmed a diagnosis of the splenic malformation. A surgeon arranged to perform splenopexy after checking the vaccination status. Laparotomy was initiated. The splenic artery and vein, which was in a triple twist, was released and due to the resulting path, the spleen itself was larger than the CT finding. The spleen was placed under the left ribs and splenopexy was performed. At the fifteen-day and two-month follow ups, the patient felt good, was painless, afebrile and the spleen gradually decreased. Wandering spleen should be considered as a possible cause of acute abdominal pain when the spleen is not seen in its usual position. The treatment of choice is surgery, with the goal of preservation of the organ whenever possible.

**Keywords:** wandering spleen, ectopic spleen, splenopexy, torsion

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### INTRODUCTION

Wandering spleen is a rare medical entity with incidence less than 0.2% and represent indication for 2 per 1000 splenectomies [1]. It is characterized by excessive mobility and displacement of the spleen from its normal location in the left hypochondrium. It is most often seen in women in the third decade of life and in young children, especially below one year. The most common presentation in children is acute abdominal pain, but patient can also be asymptomatic [2,3]. Paediatric cases of traumatic torsion are extremely rare [3].

Imaging with ultrasound, computed tomography and magnetic resonance confirms diagnosis – absence of spleen in expected location and soft-tissue mass lower in abdomen or even in pelvis. The treatment of choice is surgery with splenopexy (whenever possible) or splenectomy.

### Case

At the beginning of April 2019, parents brought a nine-year-old boy to a family physician after a bicycle crash. He had numerous minor injuries of the face. At the examination the boy was febrile (38 °C) and complained of sore throat and painful urination. Due to the hyperemic pharynx, the doctor prescribed an antibiotic and indicated laboratory tests which have shown an moderate thrombocytopenia (150 x 10<sup>9</sup>/L), moderate leukopenia (4.3 x 10<sup>9</sup>/L), low iron level (3 µmol/L), and normal hemoglobin level of 125 g/L (Erythrocyte 4,68 x 10<sup>12</sup>/L, hematocrit 0.388%). Inflammatory parameters and urine findings were within normal limits.

Since temperature persisted for 7 days, the family physician decided to do another laboratory control, expanded with mononucleosis and cytomegalovirus markers and performed an ultrasound of

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## Wandering Spleen



Figure 1. Ultrasound of ectopic spleen in a 9-year-old patient

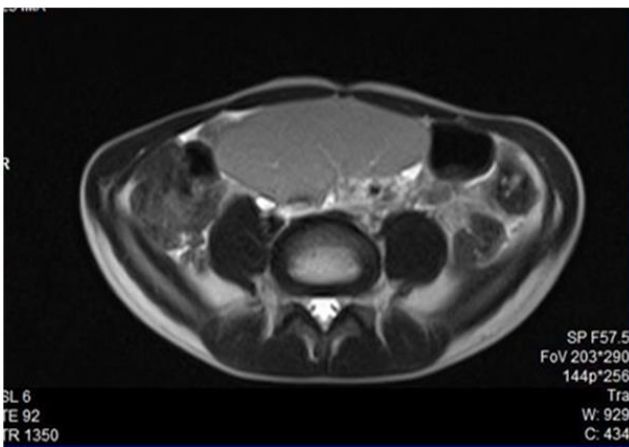


Figure 2. CT view of spleen through the umbilical line

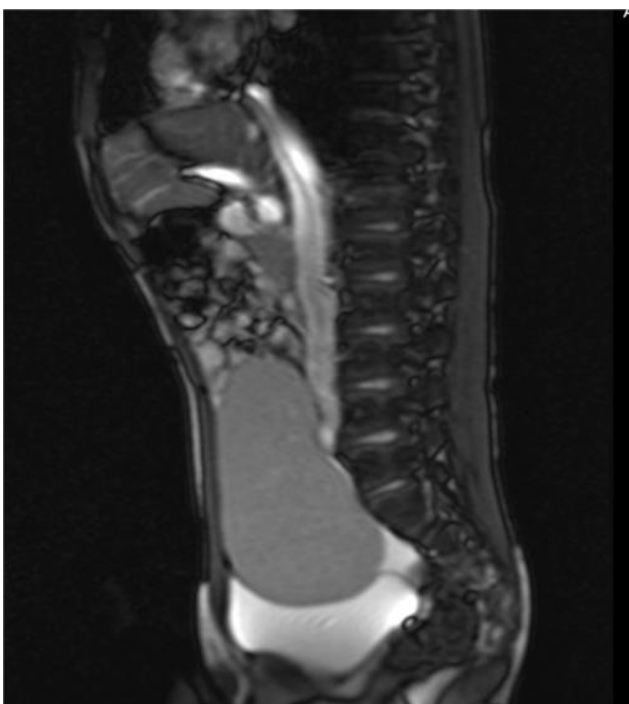


Figure 3. Sagittal CT of abdomen

abdomen which showed a round focal lesion of 10 x 12 cm in size, a spleen-like echogenicity in the middle-lower abdominal position and in the small pelvis. Color Doppler ultrasound scan showed visible arterial and vein flows. The ultrasound raised suspicion of ectopic (wandering) spleen (Figure 1). Additional laboratory findings indicated the development of anaemia (Hb 112) and further decline in platelet count ( $143 \times 10^9/L$ ).

The abdominal MSCT confirmed the diagnosis of wandering spleen, located lower in the abdomen, with bladder impression, 15 x 9.5 cm, physiological signal intensity and homogeneous structure (Figures 2 and 3).

The patient was referred to the Clinical Hospital Center where he was hospitalized for two days at the Department of Hematology and Oncology, performing numerous immunologic, hematological, radiological, infectious, endocrinological, chromosomal and cytological tests and markers. He was released home with a diagnosis of the splenic malformation.

Two months after the onset of symptoms, the parents agreed with the family physician to seek a second opinion of a surgeon, who concluded that the child had spleen fixation disorder. The surgeon further arranged to perform splenopexy after checking the vaccination status.

In the following days the boy was vaccinated against streptococcus pneumoniae and meningococcus to prevent overwhelming post-splenectomy infection in case a splenectomy should be needed. He was already regular Haemophilus influenzae type B vaccinated.

At the beginning of July, an operative procedure was initiated and laparoscopic exploration revealed a clearly visible multiple torsion of splenic artery and vein. Since laparoscopic manipulation was unsafe, the surgeons decided to convert procedure to laparotomy. The splenic artery and vein, which was in a triple twist, was released and due to the resulting path, the spleen itself was larger than the CT finding (20 x 10cm) (Figure 4).

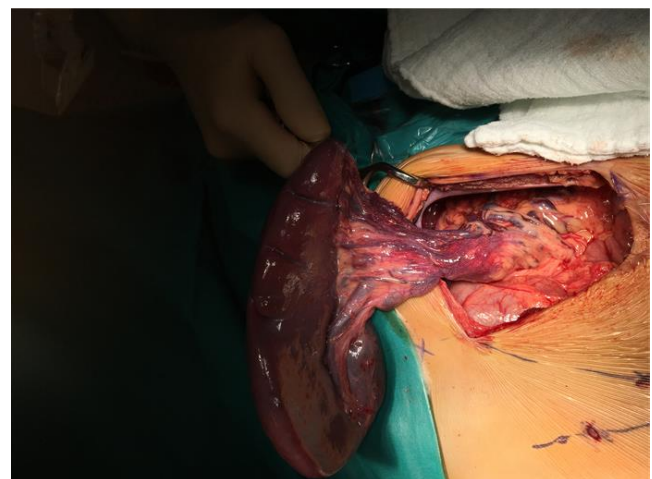


Figure 4. Splenopexy of a nine-year-old boy

The spleen was placed under the left ribs and splenopexy was performed. By mobilizing the left flexion of the column, a pocket for the lower half of the spleen was created, and with two dictional patches the spleen was additionally suspended. The left lobe of the liver was also mobilized thus creating a space for the upper half of the spleen. The whole area was additionally covered with omentum.

At the fifteen-day and two-month follow ups, the patient felt good, was painless, afebrile and the spleen gradually decreased. At the last ultrasound examination, spleen size was 12.3 x 4.5 cm.

## DISCUSSION

Wandering spleen is defined as a condition in which the spleen migrates from its normal position in the left hypochondrium, mostly due to weakness of the primary supporting ligament of spleen with elongation of its vascular pedicle. The clinical spectrum can range from an asymptomatic abdominal mass, an incidental finding on routine abdominal sonography, intermittent abdominal pain and splenomegaly to severe abdominal pain and discomfort due to torsion of the splenic vascular pedicle [4].

Pedicle torsion causes partial and complete spleen infarction, and consequently acute abdomen and represent indication for urgent surgical intervention. Splenic pedicle torsion is diagnosed in about 0.2-0.3% of patients with splenectomy [5].

Ultrasonography shows the characteristics of the spleen-like mass in ectopic positions in the abdomen and pelvis, and the absence of spleen tissue in the left upper abdomen. CT imaging provides rapid confirmation of diagnosis. The main advantage of magnetic resonance imaging is that ionizing radiation is not used and superior imaging of soft tissues.

The treatment of choice is laparoscopic surgery, with splenopexy whenever possible [6]. Laparoscopic splenopexy in children is feasible, with no reported conversions till now.

In our case, wandering spleen with posttraumatic torsion was misdiagnosed as a splenic malformation. This can be explained by relatively rareness of condition, especially in school-age children, as well as subacute onset of symptoms. Delay in surgical treatment, luckily, did not cause major health issues.

Patients with an absent or dysfunctional spleen are at a life-long increased risk of bacterial infection due to pneumococcus, meningococcus and *Haemophilus* spp. [7].

Ideally patients should be vaccinated at least two weeks before procedure (possible splenectomy), as it was done in our patient due to possible need for splenectomy [8].

Post-traumatic torsion of wandering spleen is extremely rare cause of acute abdominal pain in children with only few cases reported [3,9]. Suspicion of wandering spleen should arise when the spleen is not seen in its usual position during imaging. The treatment of choice is laparoscopic splenopexy,

with the goal of preservation of the organ whenever possible, but splenectomy is still reserved for those cases of massive infarction or thrombosis of splenic vessels.

## CONCLUSION

Wandering spleen should be considered as a possible cause of acute abdominal pain when the spleen is not seen in its usual position. The treatment of choice is surgery, with the goal of preservation of the organ whenever possible. Preferred treatment is laparoscopic splenopexy, with or without the use of absorbable mesh, but splenectomy is still reserved for those cases of massive infarction or thrombosis of splenic vessels.

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