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# Impact of HER2 receptor status on axillary nodal burden in patients with non-luminal A invasive ductal breast carcinoma

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## ABSTRACT

**Background:** Breast cancer (BC) is the most common malignancy in women. **Aim:** To assess the impact of HER2 status on axillary lymph node (ALN) involvement in patients with invasive ductal carcinoma of no special type (IDC-NST) both at diagnosis and during the 4-year postoperative period. **Patients and Methods:** We retrospectively included 375 women with an early clinical stage of non-luminal IDC-NST who between 2007 and 2013 underwent breast surgery at a clinical hospital. They were divided into phenotype-based groups: HR+HER2-, HR+HER2+, HR-HER2+ and HR-HER2-. Only patients with sentinel lymph node (SLN) macrometastases underwent ALN dissection. If > 3 ALNs were positive, radiotherapy was delivered. All patients were treated with chemotherapy, HER2+ BC patients received trastuzumab, and hormone receptor (HR)-positive BC patients received hormonal therapy. **Results:** Larger tumor size, higher grade, HR+, HER2+ status, and lymphovascular invasion (LVI) were predictive for ALN metastases at diagnosis. The poorest overall, disease-free, and distant recurrence-free survival (OS, DFS, DRFS) were found in the HR-HER2- group, while the poorest locoregional recurrence-free survival (LRFS) was observed in HR-HER2+ and HR-HER2- groups. HER2 status was not predictor of survival. **Conclusions:** HER2+ status was predictive for ALN involvement at diagnosis but had no effect on 4-year LRFS in these patients.

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**Key words:** Breast Neoplasms; Receptor, ErbB-2; Sentinel Lymph Node; Trastuzumab.

## Receptores HER2, compromiso ganglionar axilar y sobrevida en mujeres con cáncer de mama ductal invasivo

**Antecedentes:** El cáncer de mama es el tumor maligno más común en mujeres. **Objetivo:** Conocer el impacto del estado HER2 sobre el compromiso ganglionar axilar al momento del diagnóstico y durante los primeros cuatro años después de la cirugía en mujeres con carcinoma ductal invasivo de tipo no especial (IDC-NST). **Pacientes y Métodos:** Incluimos retrospectivamente a 375 mujeres en etapas clínicas iniciales de IDC-NST que fueron operadas en un

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*hospital clínico. Ellas se dividieron en grupos de acuerdo al fenotipo: HR+HER2-, HR+HER2+, HR-HER2+ y HR-HER2-. La disección de ganglios axilares se efectuó solo en las pacientes con macrometástasis en el ganglio centinela. Si había más de tres ganglios comprometidos, se efectuó radioterapia. Todas las pacientes se trataron con quimioterapia. Las pacientes HER2+ recibieron trastuzumab y las pacientes HR+ recibieron hormonoterapia. **Resultados:** Tumores más grandes, de mayor grado de malignidad, HR+, HER2+ y la invasión linfovascular fueron predictivos de la presencia de metástasis axilares al momento del diagnóstico. La sobrevida más baja se observó en pacientes HR-HER2+. La sobrevida libre de recurrencia locoregional más baja, se observó en pacientes HR-HER2+ y HR-HER2-. HER2 no fue predictor de sobrevida. **Conclusiones:** En estas mujeres, HER2+ fue predictor de la presencia de compromiso ganglionar axilar al momento del diagnóstico pero no de la sobrevida a cuatro años.*

**Palabras clave:** Ganglio Linfático Centinela; Neoplasias de la Mama; Trastuzumab; Receptor ErbB-2.

**B**reast cancer (BC) is the most common malignancy in women worldwide<sup>1</sup>. Invasive ductal carcinoma of no special type (IDC-NST) is the most common BC type<sup>2</sup>. According to the St. Gallen Conference 2015, BC molecular subtypes are defined by the status of estrogen and progesterone receptors (ER, PR), Ki-67 index, and human epidermal growth factor receptor 2 (HER2) status. As well as these parameters, a patient's age, the tumor size, the number of positive axillary lymph nodes (ALNs), and lymphovascular invasion (LVI) have an influence on the disease course, as well as on overall, disease-free, locoregional recurrence-free, and distant recurrence-free survival (OS, DFS, LRFS, DRFS)<sup>3</sup>.

HER2, that is overexpressed in about 20% of BCs, is a predictor of early recurrence. These are commonly high-grade tumors, relatively resistant to hormonal therapy (HT). However, in HER2+ BC patients, HER2-targeted monoclonal antibody therapy, when added to adjuvant chemotherapy, yields improved survival benefits<sup>4</sup>.

In BC, the disease staging and treatment are determined by ALN status. Sentinel lymph node (SLN) is the first lymph node (LN) in the drainage pathway of the area where a tumor is localized. SLN biopsy (SLNB) is the gold standard for axillary staging, with the purpose of avoiding unnecessary ALN dissections (ALNDs), along with associated comorbidities<sup>5</sup>. In the case of either negative SLNB or SLN involved with micrometastasis (0.2-2 mm in size) in early-stage BC patients, ALND is no longer indicated<sup>6</sup>. New studies showed

that neither patients with 1 or 2 SLNs involved with macrometastases (> 2 mm in size) without extranodal extension (ENE) benefited from ALND if adjuvant radiotherapy (RT) was delivered<sup>7</sup>.

Tumor size, histologic grade, and LVI were recognized as independent predictors of ALN involvement<sup>8</sup>. A lower risk of early recurrence was observed in hormone receptor (HR)-positive and HER2-negative tumors, while a positive correlation was observed between Ki-67 and the risk of early recurrence<sup>9,10</sup>. The impact of both HER2 status and molecular subtype on ALN involvement in early-stage BC, however, remains unclear, as inconclusive results have been obtained<sup>11-15</sup>.

The study objective was to assess the prognostic relevance of HER2 status in patients with an early clinical stage of IDC-NST in whom, following SLNB, ALND was performed only in the case of macrometastatic SLNs, with focuses on ALN involvement at diagnosis and on LRFS following postoperative systemic treatment. Comparisons, based on different HER2 status, were made between the subgroups homogenized according to HR status (positive/negative), Ki-67 (< 20%/≥ 20%), and to adjuvant treatment that the patients underwent following surgery (RT, HT, chemotherapy).

## Patients and Methods

The research adhered to ethical policies and was approved by the Clinical Hospital Center

Rijeka (CHCR) Ethics Committee. All subjects provided written informed consent. The inclusion criteria were: adult women with newly diagnosed IDC-NST in clinical stage T1-T2, with no clinical or ultrasonographic evidence of ALN involvement and no distant spread of the disease at diagnosis, who between 2007 and 2013 underwent breast surgery at the CHCR. We did not include: patients with locoregional BC recurrence, bilateral or multicentric BC, patients who received neoadjuvant RT, chemotherapy or HT, or those who had any other malignancies. Since luminal A, according to phenotypic features, treatment and prognosis, significantly differs from the remaining subtypes, patients with luminal A tumors were not included<sup>16</sup>.

A total of 185 HER2-positive IDC-NST patients met the inclusion criteria and were enrolled. For the purpose of forming approximately equally sized HER2+ and HER2- cohorts, 190 HER2-negative IDC-NST patients were also included. According to molecular subtype, the participants were split into groups: HR+/HER2-, HR+/HER2+, HR-/HER2+, HR-/HER2-. Each group was divided into 2 subgroups according to Ki-67 < 20% or ≥ 20%. The subgroups with matching HR status, matching Ki-67, and different HER2 statuses were eligible for comparison.

Following SLN scintigraphy with Tc-99m nanocolloid, the subjects underwent breast surgery and SLNB. SLNs were analyzed intraoperatively by imprint cytology (IC) and frozen section (FS) examinations. A positive IC, followed by positive FS, led to complete ALND during the first operation. The postoperative SLNB evaluation included hemalaun-eosin (HE) and pan-cytokeratin immunohistochemistry (IHC)<sup>17</sup>. If, after negative intraoperative IC and FS, SLN macrometastases had been confirmed by either HE or IHC, ALND was performed in a second operation. If SLNB was both positive for micrometastasis and ENE-negative, ALND was omitted<sup>6</sup>.

Based on the greatest dimension, the tumor size and the pathologic stage (pT) were determined<sup>18</sup>. The histologic grade was determined according to the Elston and Ellis modified Bloom-Richardson system<sup>19</sup>. ER, PR and HER2 status, as well as Ki-67, were evaluated by IHC<sup>20,21</sup>. A tumor was considered HR-positive when either ER or PR status was positive (if at least 1% of tumor cells stained ER- or PR-positive). A HR-negative tumor was defined as both ER- and

PR-negative. HER2-stained slides were evaluated by three expert pathologists at CHCR using light microscopy. In IHC-evaluated HER2-equivocal cases, HER2 status was confirmed by fluorescence in situ hybridization<sup>20,22</sup>.

Besides the above-mentioned parameters, information retrieved from the patients' records also included: age at diagnosis, type of surgery, the number of removed SLNs, the size of SLN metastatic deposit, the presence of LVI, and ENE in SLNs. In patients who underwent ALND, the ratio of macrometastatic LNs to the total LNs removed (lymph node ratio, LNR) was determined.

All subjects were to receive phenotype-based postoperative systemic treatment according to the St. Gallen Conference recommendations<sup>3,16</sup>. Patients with HR+ tumors were treated with adjuvant HT based on menopausal status. All patients were treated with chemotherapy (with either 6 cycles of cyclophosphamide, 5-fluorouracil, and an anthracycline, or 4 cycles of cyclophosphamide and anthracycline followed by paclitaxel). Patients with HER2+ tumors were to receive 12-month trastuzumab treatment after receiving anthracycline chemotherapy<sup>16</sup>. If breast-conserving surgery was carried out, adjuvant RT to the whole breast was delivered. Patients who underwent mastectomy received no RT unless they had > 3 positive ALNs<sup>16,17</sup>.

During the 4-year postoperative period, history taking and physical exams were conducted at 6-month intervals by oncologists at CHCR. Breast and axillary ultrasound examinations were being performed, along with cancer antigen 15-3 (CA 15-3) and carcinoembryonic antigen (CEA) being measured, on a 6-month basis. Mammography, chest radiography and abdominal ultrasound were performed on a 12-month basis. OS, DFS, LRFS, and DRFS, were calculated as the time in months from the date of surgery, respectively to the date of death from any cause, to the date of recurrence at any site, to the date of locoregional recurrence (LRR), and to the date of distant recurrence (DR).

The data were analyzed using Statistica 13.1 (StatSoft Inc., Tulsa, USA) and MedCalc 12.1.3. (MedCalc Software, Mariakerke, Belgium). The results are reported using descriptive statistics. The Chi-square test was used for categorical data. To assess differences in LVI, LNR, and ENE+ SLNs, both depending on HER2 status and among IDC-NST groups, a Kruskal-Wallis test was applied,

followed by Mann-Whitney *U post-hoc* analysis. The relationship between patient/tumor characteristics and ALN involvement was tested by univariate logistic regression, from which significant factors were entered into multivariable logistic regression. Kaplan-Meier curves and the log-rank test were used to analyse differences in OS, DFS, LRFs, and DRFS among groups and subgroups. Based on Kaplan-Meier estimates, the proportions of subjects experiencing events at 4 years were calculated. Correlations between different variables were determined using Pearson's and Spearman's rank correlation coefficients. To determine which variables may predict OS, DFS, LRFs, and DRFS, multiple regression analysis was applied. The  $\alpha$ -error level was set to 0.05.

## Results

The total number of participants was 375 (median age 58 years; range 28-79). Patient and tumor characteristics are shown in Table 1.

As regards molecular subtypes, 126 (33.6%), 123 (32.8%), 62 (16.5%), and 64 (17.1%) were

HR+HER2-, HR+HER2+, HR-HER2+, and HR-HER2-, respectively. A mastectomy was carried out in 97 patients (25.87%), while 278 (74.13%) underwent breast-conserving surgery. Sixty-seven patients (17.87%) underwent postmastectomy RT due to > 3 positive ALNs. The mean tumor size was 2.60 cm (range 0.4-6.9). The mean number of LNs removed was 2.11 (range 1-8) for SLN dissection and 18.80 (range 11-22) for ALND.

Within 4 years after surgery, 60 patients (16.00%) died, while 66 (17.60%) experienced recurrences, 16 of which (24.24%) were locoregional (8 in the axilla; 8 in the breast), and 50 (75.76%) distant.

When compared to the subjects without recurrences, in subjects with recurrences macrometastatic SLNs were more frequent (68.18% vs 33.01%,  $P < 0.001$ ), while micrometastatic SLNs were less frequent (1.52% vs 12.62%,  $P = 0.008$ ), as well as negative SLNs (30.30% vs 54.37%,  $P < 0.001$ ). SLN macrometastases were found in 147 patients (39.2%), which led to ALND. Of the latter, 75 (51.02%) had positive non-sentinel ALNs, 45 (30.61%) experienced recurrences, in 8 (5.44%) LRR occurred, and 44 (29.93%) had ENE+ SLNs.

**Table 1. Patient and tumor characteristics by IDC-NST molecular subtype**

		N	HR+HER2-	HR+HER2+	HR-HER2+	HR-HER2-	P
Age (years)	≤ 50	134 (35.7)	32 (25.4)	40 (32.5)	31 (50.0)	31 (48.4)	< 0.001
	> 50	241 (64.3)	94 (74.6)	83 (67.5)	31 (50.0)	33 (51.6)	
pT stage	pT1	177 (47.2)	64 (50.8)	54 (43.9)	28 (45.2)	31 (48.4)	0.829
	pT2	139 (37.1)	46 (36.5)	45 (36.6)	25 (40.3)	23 (35.9)	
	pT3	59 (15.7)	16 (12.7)	24 (19.5)	9 (14.5)	10 (15.6)	
pN stage	pN0	188 (50.1)	33 (26.2)	48 (39.0)	47 (75.8)	60 (93.7)	0
	pN1mi	40 (10.7)	30 (23.8)	6 (4.9)	2 (3.2)	2 (3.1)	
	pN1	80 (21.3)	33 (26.2)	39 (31.7)	7 (11.3)	1 (1.6)	
	pN2	41 (10.9)	17 (13.5)	19 (15.4)	4 (6.5)	1 (1.6)	
	pN3	26 (6.9)	13 (10.3)	11 (8.9)	2 (3.2)	0 (0)	
Grade	I	125 (33.3)	40 (31.8)	45 (36.6)	24 (38.7)	16 (25.0)	0.146
	II	132 (35.2)	45 (35.7)	49 (39.8)	15 (24.2)	23 (35.9)	
	III	118 (31.5)	41 (32.5)	29 (23.6)	23 (37.1)	25 (39.1)	
Ki-67	< 20%	110 (29.3)	54 (42.9)	51 (41.5)	1 (1.6)	4 (6.2)	< 0.001
	≥ 20%	265 (70.7)	72 (57.1)	72 (58.5)	61 (98.4)	60 (93.8)	
LVI	Negative	272 (72.5)	93 (73.8)	82 (66.7)	41 (66.1)	56 (87.5)	0.014
	Positive	103 (27.5)	33 (26.2)	41 (33.3)	21 (33.9)	8 (12.5)	
ENE	Negative	331 (88.3)	109 (86.5)	103 (83.7)	56 (90.3)	63 (98.4)	0.024
	Positive	44 (11.7)	17 (13.5)	20 (16.3)	6 (9.7)	1 (1.6)	

Note: IDC-NST, invasive ductal carcinoma of no special type; HR, hormone receptor; HER2, human epidermal growth factor receptor 2; LVI, lymphovascular invasion; ENE, extranodal extension.

Forty subjects (10.67%) had micrometastatic SLNs. Of these, one developed a recurrence, at a distant site. Out of 188 subjects with negative SLNs, 20 (10.64%) developed recurrences (8 LRR, 12 DR).

In patients with ENE+ SLNs, both the proportion of pN2-pN3 stages and the proportion of cases with positive non-sentinel ALNs were higher compared to patients with macrometastatic, ENE-negative SLNs (86.36% vs 35.92%, 84.09% vs 30.10%; both  $P < 0.001$ ).

The incidence of LVI was lower in HER2-negative compared to HER2-positive IDC-NST, and LNR was lower in HR-HER2- compared to other subtypes (both  $P < 0.05$ ).

The univariate logistic analysis showed that patients with larger tumor size, higher grade, HR+ status, HER2+ status, and LVI had a higher risk of ALN metastases (Table 2). In the multivariable logistic analysis, after adjusting for tumor

size, grade, HR, HER2 and LVI (model A), larger tumor size, higher grade, HR+ status, HER2+ status, and LVI were predictive for ALN metastases. After adjusting for tumor size, grade, LVI, and IDC-NST subtype (model B), larger tumor size, higher grade, and LVI remained predictive for ALN metastases (Table 3).

Kaplan-Meier analyses demonstrated differences in OS ( $P = 0.002$ ), DFS ( $P = 0.002$ ), LRFS ( $P = 0.045$ ), and DRFS ( $P = 0.044$ ) among IDC-NST subtypes. The poorest OS, DFS, and DRFS were noted in HR-HER2- subtype. The poorest LRFS was seen in HR-HER2+ and HR-HER2- subtypes (Table 4, Figure 1).

OS, DFS, LRFS, and DRFS were comparatively analysed between the subgroups with matching HR, matching Ki-67, and different HER2 statuses (with the exception of the HR-HER2+/ $< 20$  and HR-HER2-/ $< 20$  pair, due to the small sample size), showing no significant differences (Table 5).

**Table 2. Univariate analysis of clinicopathological factors associated with axillary lymph node metastases at diagnosis of IDC-NST**

		OR	95% CI	P
Age (years)	≤ 50	1		
	> 50	1.132	0.733-1.748	0.577
Tumor size	pT1	1		
	pT2	3.168	1.960-5.121	< 0.001
	pT3	5.031	2.686-9.422	< 0.001
Grade	I	1		
	II	3.030	1.726-5.321	< 0.001
	III	5.474	3.079-9.732	< 0.001
HR	Negative	1		
	Positive	8.349	4.610-15.119	< 0.001
HER2	Negative	1		
	Positive	1.531	1.009-2.323	0.045
Ki-67	< 20	1		
	≥ 20	0.657	0.419-1.031	0.068
Lymphovascular invasion	Negative	1		
	Positive	6.101	3.708-10.038	< 0.001
Subtype	HR+HER2- vs HR-HER2-	31.000	7.266-132.258	< 0.001
	HR+HER2+ vs HR-HER2-	39.611	9.269-169.279	< 0.001
	HR-HER2+ vs HR-HER2-	8.225	1.772-38.178	0.007
	HR+HER2- vs HR+HER2+	0.783	0.475-1.289	0.335
	HR+HER2- vs HR-HER2+	3.769	1.864-7.622	< 0.001
	HR+HER2+ vs HR-HER2+	4.816	2.374-9.773	< 0.001

Note: IDC-NST, invasive ductal carcinoma of no special type; HR, hormone receptor; HER2, human epidermal growth factor receptor 2; OR, odds ratio; CI, confidence interval.

**Table 3. Multivariable analysis of clinicopathological factors associated with axillary lymph node metastases at diagnosis of IDC-NST**

		OR	95% CI	P
MODEL A				
Tumor size	pT2 vs pT1	1.998	1.086-3.677	0.026
	pT3 vs pT1	2.637	1.097-6.342	0.030
Grade	II vs I	2.481	1.262-4.879	0.008
	III vs I	7.928	3.541-17.751	< 0.001
HR	Positive vs Negative	23.108	10.144-52.640	< 0.001
HER2	Positive vs Negative	1.832	1.053-3.187	0.032
Lymphovascular invasion	Positive vs Negative	4.592	2.405-8.767	< 0.001
MODEL B				
Tumor size	pT2 vs pT1	2.001	1.086-3.686	0.026
	pT3 vs pT1	2.705	1.117-6.551	0.027
Grade	II vs I	2.447	1.251-4.787	0.009
	III vs I	7.435	3.336-16.574	< 0.001
Lymphovascular invasion	Positive vs Negative	4.264	2.223-8.178	< 0.001
Tumor subtype	HR+HER2- vs HR-HER2-	59.047	12.589-276.956	< 0.001
	HR+HER2+ vs HR-HER2-	86.746	17.907-420.226	< 0.001
	HR-HER2+ vs HR-HER2-	6.207	1.218-31.619	0.028
	HR+HER2- vs HR+HER2+	0.681	0.372-1.246	0.213
	HR+HER2- vs HR-HER2+	9.514	3.787-23.900	< 0.001
	HR+HER2+ vs HR-HER2+	13.977	5.292-36.914	< 0.001

Note: IDC-NST, invasive ductal carcinoma of no special type; HR, hormone receptor; HER2, human epidermal growth factor receptor 2; OR, odds ratio; CI, confidence interval

**Table 4. Kaplan-Meier overall, disease-free, locoregional recurrence-free, and distant recurrence-free survival estimates in patients with non-luminal A IDC-NST by molecular subtype**

Subtype	OS (%)	95% CI	DFS (%)	95% CI	LRFS (%)	95% CI	DRFS (%)	95% CI	N
HR+HER2-	89.68	84.37-94.99	88.10	82.44-93.75	97.62	94.96-100.3	90.48	85.35-95.60	126
HR+HER2+	86.99	81.05-92.94	86.18	80.08-92.28	97.56	94.84-100.3	88.62	83.01-94.23	123
HR-HER2+	77.42	67.01-87.83	75.81	65.15-86.47	91.94	85.16-98.71	83.87	74.72-93.03	62
HR-HER2-	70.31	59.12-81.51	68.75	57.39-80.11	92.19	85.61-98.76	76.56	66.18-86.94	64

Note: IDC-NST, invasive ductal carcinoma of no special type; HR, hormone receptor; HER2, human epidermal growth factor receptor 2; OS, overall survival; DFS, disease-free survival; LRFS, locoregional recurrence-free survival; DRFS, distant recurrence-free survival; CI, confidence interval.

The multiple regression analysis suggested that histologic grade, HR status, LNR, LVI, molecular subtype, and tumor size, may predict OS, DFS,

LRFS, and DRFS, while age ( $\leq 50$ / $> 50$  years), HER2 status, Ki-67 ( $< 20\%$ / $\geq 20\%$ ), and ENE in SLNs were not predictive (Table 6).

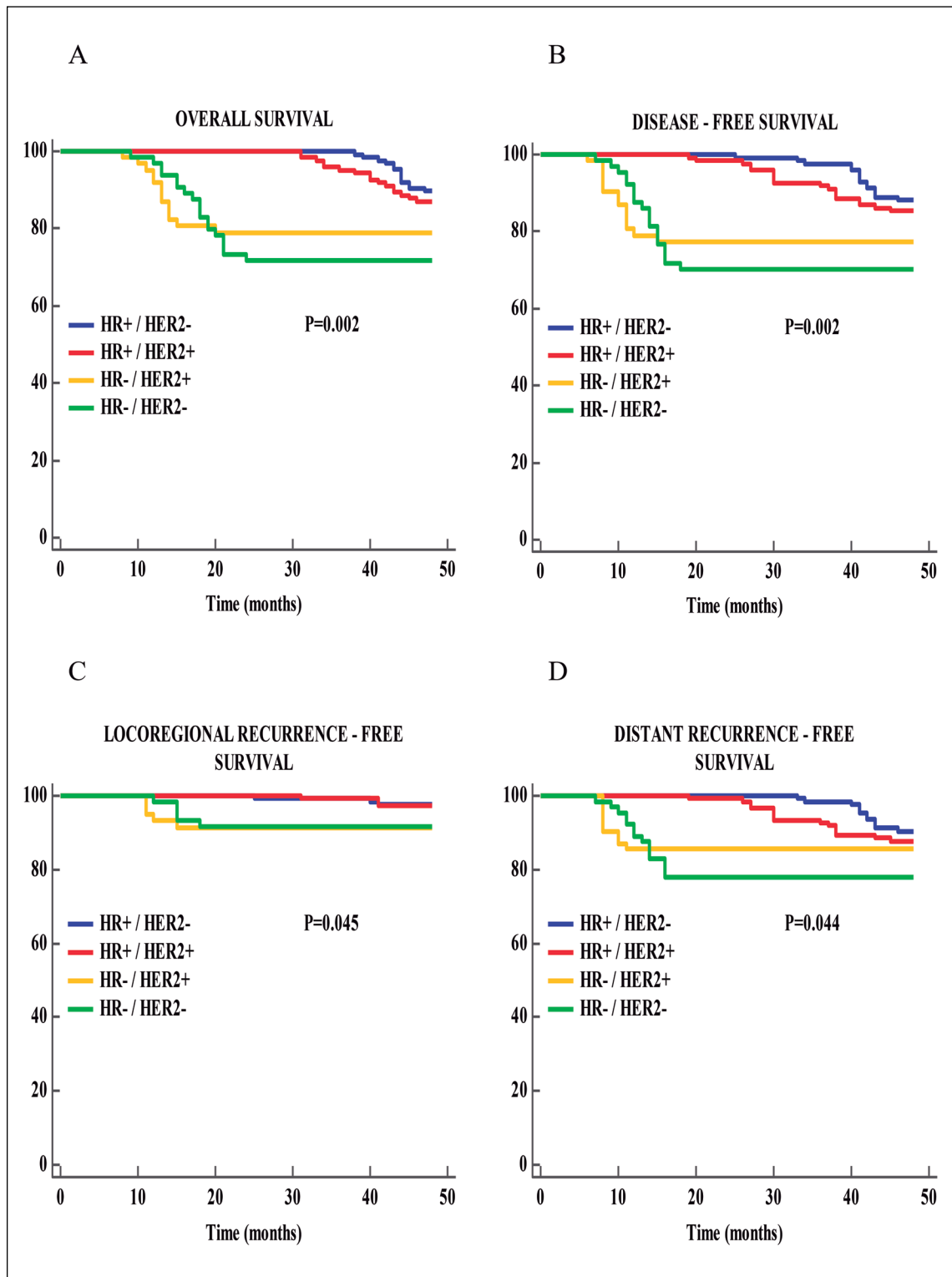


Figure 1.



**Table 5. Comparison of Kaplan-Meier overall, disease-free, locoregional recurrence-free, and distant recurrence-free survival estimates between IDC-NST patients with matching HR, matching Ki-67 and different HER2 statuses**

Subgroups	OS (%)	95% CI	DFS (%)	95% CI	LRFS (%)	95% CI	DRFS (%)	95% CI	N
HR+HER2-/ $< 20$	96.30	91.26-101.3	96.30	91.26-101.3	98.15	94.55-101.7	98.15	94.55-101.7	54
HR+HER2+/ $< 20$	96.08	90.75-101.4	92.16	84.78-99.54	96.08	90.75-101.4	96.08	90.75-101.4	51
HR+HER2-/ $\geq 20$	83.33	74.73-91.94	80.56	71.41-89.70	95.83	91.22-100.5	84.72	76.41-93.03	72
HR+HER2+/ $\geq 20$	80.56	71.41-89.70	79.17	69.79-88.55	97.22	93.43-101.0	81.94	73.06-90.83	72
HR-HER2+/ $\geq 20$	78.69	68.41-88.97	77.05	66.50-87.60	91.80	84.92-98.69	85.25	76.35-94.15	61
HR-HER2-/ $\geq 20$	70.00	58.40-81.60	66.67	54.74-78.60	90.00	82.41-97.59	76.67	65.96-87.37	60

Note: IDC-NST, invasive ductal carcinoma of no special type; HR, hormone receptor; HER2, human epidermal growth factor receptor 2; OS, overall survival; DFS, disease-free survival; LRFS, locoregional recurrence-free survival; DRFS, distant recurrence-free survival; CI, confidence interval.

**Table 6. Significant clinicopathological predictors of overall, disease-free, locoregional recurrence-free, and distant recurrence-free survival in patients with non-luminal A IDC-NST evaluated by multiple regression analysis**

	Grade ( $\beta$ )	HR ( $\beta$ )	LNR ( $\beta$ )	LVI ( $\beta$ )	Subtype ( $\beta$ )	Tumor size ( $\beta$ )	R <sup>2</sup> /adjusted R <sup>2</sup>
OS	-1.151*	4.961**	-8.923***	-5.222***	-1.612*	-1.721**	0.38/0.36***
DFS	-1.308*	4.654*	-13.024***	-6.489***	-2.257*	-2.139**	0.42/0.40***
LRFS	-1.161*	5.655**	-8.687**	-6.019***	-1.592*	-1.938**	0.39/0.37***
DRFS	-1.298*	3.960*	-13.260***	-5.692***	-2.277*	-1.923**	0.41/0.40***

Note: IDC-NST, invasive ductal carcinoma of no special type; OS, overall survival; DFS, disease-free survival; LRFS, locoregional recurrence-free survival; DRFS, distant recurrence-free survival; HR, hormone receptors; LNR, lymph node ratio; LVI, lympho-vascular invasion;  $\beta$ , standardized regression coefficient; R<sup>2</sup>/adjusted R<sup>2</sup>, coefficient of determination / adjusted for the number of predictors in the model; the significance level: \*P < 0.05; \*\*P < 0.01; \*\*\*P < 0.001

## Discussion and conclusions

The molecular markers, ER, PR, HER2, and Ki-67, as well as traditional factors, such as age, tumor size, histologic type, histologic grade, LN stage, and LVI, are widely used in the management and treatment of BC<sup>23,24</sup>. In HER2+ BC patients, HER2-targeted therapy increased 10-year OS and 10-year DFS from 75.2% to 84.0%, and from 62.2% to 73.7%, respectively<sup>22,25</sup>. Since the results of the American College of Surgeons Oncology Group Z0011 trial were published, a less invasive approach in the management of the axilla has been adopted, while SLNB remained the gold standard for ALN staging<sup>5,7</sup>. Therefore, the impact of HER2 status on ALN involvement needs to be reevaluated.

According to our results, HER2+ status is predictive of ALN involvement at diagnosis of non-luminal A IDC-NST. Besides HER2+, HR+ status, molecular subtype, larger tumor size, higher grade, and LVI, were also associated with a higher risk of ALN metastases, while age ( $\leq 50$ / $> 50$  years) and Ki-67 ( $< 20\%$ / $\geq 20\%$ ) were not. Similar findings had been observed on larger samples<sup>8,24,26</sup>. Nevertheless, the relationship between HR status and ALN involvement is still under debate, as studies exist in which an inverse relationship between HR+ status and ALN involvement was suggested<sup>27</sup>.

Inconsistent conclusions have been reported as to which BC subtype is the least associated with ALN metastases. Ahmed AR<sup>27</sup> reported the highest likelihood of ALN metastasis in HR-HER2+, while Jones et al.<sup>11</sup> found no association between the

subtypes and ALN involvement. According to our results, in HR-HER2- subtype ALN involvement was the least frequent, LNR was significantly lower compared to other subtypes, while the incidence of LVI was lower compared to HER2+ subtypes. These results are consistent with those of Crabb et al.<sup>13</sup> and He ZY et al.<sup>24</sup>, suggesting that HR-HER2- BC spreads through hematogenous rather than lymphatic routes.

As opposed to the majority of earlier research, patients with luminal A tumors were not included in this study. Despite that, the survival rates are comparable to those reported earlier, although the OS that we observed in HR-HER2+ and HR-HER2- subtypes was somewhat lower<sup>28,29</sup>. This may be related to the smaller sample size and a relatively short postoperative observing period in our study. In agreement with former research, we found the poorest OS, DFS, and DRFS in the HR-HER2- subtype, due to limited treatment options, while the poorest LRFS was noted in HR-HER2+ and HR-HER2- subtypes. Our results support those of Vuduc KD et al.<sup>30</sup>, where amongst those patients undergoing breast-conserving surgery, those with HR-HER2- and HR-HER2+ subtypes had a higher risk of LRR.

Of the markers defining BC subtype, only HR status had an influence on OS, DFS, LRFS, and DRFS. In contrast to the predictive capacity of HER2+ status for ALN involvement at diagnosis, no impact of HER2 status on the survival rates was observed. These results reflect the prognostic improvements as a result of HER2-targeted therapy. Although neither Ki-67 affected the survival rates, these results should be treated with caution, given that the majority of the subjects assigned to HR-HER2+ and HR-HER2- groups had Ki-67  $\geq$  20%. Moreover, the prognostic role of Ki-67 has been suggested in previous papers<sup>8,9,21</sup>.

The tumor size is established as an independent predictor of survival in BC patients<sup>23</sup>. However, its prognostic role has been denied in some papers<sup>31</sup>. In this study, tumor size, as well as higher histologic grades, were negatively correlated with the survival rates<sup>8,13,14,18</sup>. Our results, showing that both the number of positive ALNs and the presence of LVI have a negative impact on the survival rates, are in line with previously published data<sup>32-36</sup>. In concordance with former observations, BC molecular subtype also affected survival<sup>12,24,31</sup>.

The data concerning the impact of age on the

prognosis in BC patients are conflicting<sup>31,37</sup>. We observed no impact of age ( $\leq$  50/ $>$  50 years) on the survival rates. Note, however, that among our patients the number of those aged  $\leq$  50 years was lower.

Although a negative impact of ENE in SLNs on survival has been suggested<sup>34</sup>, we observed none. Nevertheless, in our patients with ENE-positive SLNs, higher nodal stages (pN2-pN3) were more frequent and non-sentinel ALNs were more often positive compared to the patients with macrometastatic, ENE-negative SLNs, indicating that ENE in SLNs affects survival indirectly, which is in accordance with the findings of Schwentner L et al.<sup>38</sup>.

In conclusion, in non-luminal A IDC-NST, an increased risk of ALN metastases at diagnosis is associated with HER2+ status. However, no impact of HER2 status on LRFS was observed. Besides the benefits of HT, chemotherapy and HER2-targeted therapy in HR+ and HER2+ BC patients, limited improvements have been achieved in HR-HER2+ subtype, in which LRFS is not better than in the HR-HER2- subtype. Therefore, in patients with HR-HER2+ subtype, better locoregional control is necessary.

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