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Source / Izvornik: **Acta Medica Iugoslavica, 1982, 36, 101 - 106**

Journal article, Published version

Rad u časopisu, Objavljena verzija rada (izdavačev PDF)

Permanent link / Trajna poveznica: <https://um.nsk.hr/um:nbn:hr:184:184074>

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Download date / Datum preuzimanja: **2024-12-01**



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C₃ COMPLEMENT LEVEL IN THE BLOOD OF MULTIPLE SCLEROSIS PATIENTS

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C₃ (B_C) complement was followed in the blood of 68 patients, clinically definitive cases of multiple sclerosis. Control groups included 16 healthy persons and 22 patients affected by other neurological noninflammatory diseases. Hypocomplementaemia (C₃ values below 0.95 g/l) was found in 14 patients (20.6%), but only 9 of them had a persistent hypocomplementaemia. Conversely to data in the literature, the authors were unable to find any relationship between hypocomplementaemia and the incidence of B 18 specificity of the major histocompatibility complex. Significantly lower complement values were found in groups of patients suffering from serious infections and having multiple sclerosis longer than 10 years. It is interesting that patients with a higher disability score had a significantly higher level of the complement. The authors' results do not support the view about hypocomplementaemic multiple sclerosis as a specific form of disease.

The etiology of multiple sclerosis is still unclear. Considerable evidence accumulated in the recent period points to the importance of the genetic component and environmental factors^{1,2}. Furthermore, both parts of immune response, cellular and humoral immunity, are involved in the pathogenesis and clinical course of multiple sclerosis. The most profound immunological changes are found in the cerebrospinal fluid of multiple sclerosis patients, such as the rise of immunoglobulins G and A and the appearance of oligoclonal immunoglobulins. There are changes of humoral immunity effectors in the blood also, with the elevation of IgM and antiviral antibodies³. The changes of cell-mediated immunity are not so profound, but they are present⁴.

Complement, a complex of eleven plasma proteins, represents a major element in the system of humoral immunity and plays an important role as a mediator of many immune reactions. There are conflicting data on the role of complement and of its changes in the clinic-

This work is a part of investigations financially supported by SIZ-V, Zagreb, SR Croatia. The results were presented partially at the 6th Congress of Yugoslav Neurologists, Sarajevo, 1980.

al course of disease. Cook et al.³ found a significantly elevated levels of C₄ when compared to normal controls. On the basis of these results they concluded that C₃ is rarely abnormal in multiple sclerosis patients. Trouillas and coworkers⁵ found that about 30% of multiple sclerosis patients had a persistent or fluctuating C₃ hypocomplementaemia. Furthermore, Trouillas and Betuel⁶, on the basis of familial studies, showed that the low C₃ is associated with some HLA haplotypes, especially with those containing B-18. They postulated a »complement abnormality susceptibility« gene.

The aim of this work was to analyse the level of the C₃ component of the complement in the blood of multiple sclerosis patients in various conditions depending on the stage and duration of disease, therapy, complications and/or infections etc. In our opinion a serious analysis of complement components, including C₃ as well, may be of considerable value in assessing the activity and progression of the disease.

MATERIAL AND METHODS

C₃ complement was determined in the blood sera of 68 patients, clinically definitive cases of multiple sclerosis. Multiple sclerosis was diagnosed according to the criteria described by Schumacher et al.⁷ Thirty-one patients were treated with vitamins only; 16 patients with ACTH, and 10 patients with azathioprin (Imuran). The treatment with ACTH started with i.v. injections of 50 I. U. daily for a 4-week period and was followed by the Synacthen depot, one injection every 15 days. Azathioprin was given in a dose of 2.5 mg/kg daily. Blood samples for the determination of C₃ complement were taken at least once, but regularly several times C₃ complement was determined by the method of single radial immunodiffusion by using commercial plates (Meloy, Springfield). Precipitation rings were measured after 48 hours. The results obtained were statistically analyzed by the variance analyses and the testing of differences between two independent means⁸. The control group consisted of 16 healthy persons. In the neurological control there were 22 patients affected by other neurological noninflammatory diseases. All controls were age matched with the group of patients.

RESULTS

Individual results in the group of healthy persons (age-matched control) ranged from 0.95 to 1.88 g/l (Table 1). There is no result for C₃ complement below 0.95 g/l in the group of patients with other neurological diseases. However, in the group of multiple sclerosis patients 14 out of 68 (20.6%) patients had C₃ complement values below the lowest value in the control group. Nine of them (13.2%) had persistent hypocomplementaemia confirmed by repeated testing, but values of the complement in five patients showed considerable variations (fluctuating hypocomplementaemia). C₃ complement in the persistent hypocomplementaemia group (group 5) is significantly different ($p < 0.001$) compar-

ed with other groups. When all hypocomplementaemic patients were separated from the multiple sclerosis group (group 4) C₃ complement reached the level of the neurological control. A statistically significant difference was found when multiple sclerosis patients were divided into subgroups according to the disease duration, disability score, and infections (Table 2). There is a significantly lower level of C₃ complement in patients with the longer duration of the disease and serious infections, but a higher C₃ in patients with a higher disability score. We could not find any difference in C₃ complement comparing patients in the active or the stable phase of the disease. There is a slight suppression of C₃ complement in patients treated with ACTH and a significant decrease in the Azathioprin treated group, when compared with multiple sclerosis patients using vitamins only (Table 3). Blood sera samples were analyzed one month after the last injection of the drug.

Table 1
C₃ complement values (g/l) in the blood of multiple sclerosis patients and controls

Group	No. of patients	$\bar{X} \pm SD^*$	Range
1. Health control	16	1.61 ± 0.075	0.95 — 1.88
2. Neurological control	22	1.42 ± 0.07	1.00 — 2.20
3. Multiple sclerosis ^a	68	1.24 ± 0.25	0.68 — 1.96
4. Multiple sclerosis ^b	54	1.43 ± 0.056	0.95 — 1.96
5. Hypocomplementaemic multiple sclerosis	9	0.80 ± 0.08	0.68 — 0.90

*=Mean ± standard deviation

a=all multiple sclerosis patients

b= multiple sclerosis group without patients with persistent or fluctuating hypocomplementaemia

Levels of significance (p): 1) All groups vs. hypocomplementaemic multiple sclerosis <0,001

2) group 1 : group 3 <0,001

3) group 2 : group 3 <0,01

Table 2
Clinical characteristics and C₃ complement

		No. of patients	$\bar{X} \pm SD^*$	Difference (p)
Disease duration (years)	0 — 9	33	1.31 ± 0.046	< 0.02
	> 10	28	1.15 ± 0.045	
Disability score (after Kurtzke)	0 — 4	36	1.19 ± 0.04	< 0.001
	5 — 9	25	1.30 ± 0.056	
Serious infections	No	50	1.26 ± 0.036	< 0.001
	Yes	11	1.15 ± 0.071	

X=Mean ± standard deviation (g/l)

Table 3.
C₃ complement (g/l) in the blood of immunosupressed patients

Group	Treatment	Number	$\bar{X} \pm SD^*$
1. Neurological control	∅	22	1.42 ± 0.07
2. Multiple sclerosis	vitamins	31	1.27 ± 0.028
3. Multiple sclerosis	ACTH	16	1.16 ± 0.058
4. Multiple sclerosis	Azathioprin	10	1.06 ± 0.077

*=Mean ± standard deviation

Levels of significance: 1 : (2, 3, 4) p < 0.001

2 : 4 p < 0.02

DISCUSSION

As emphasized in the introduction, there are a great many conflicting data relating to the level of complement components in the blood as well as in the cerebrospinal fluid of multiple sclerosis patients. It seems to us that these differences could be explained by the fact that the group of multiple sclerosis patients is not a homogeneous one but consists of patients with various characteristics of the disease. In the recent literature, particular interest was focussed on the fact that some multiple sclerosis patients are hypocomplementaemic. Trouillas and others^{5,9} reported that about 30% of all multiple sclerosis patients have either persistent or fluctuating hypocomplementaemia. Zibeti et al¹⁰ found a similar percentage of hypocomplementaemic multiple sclerosis patients. It was suggested that hypocomplementaemic multiple sclerosis is a specific form of the disease having many specificities in the clinical course and immunological tests. Furthermore, it is interesting that hypocomplementaemia proved associated with the higher incidence of B 18 specificity of the major histocompatibility complex⁶. As already presented in Table 1, we had about 13% of patients showing C₃ complement lower than the lowest level in the control group. All patients from this group showed hypocomplementaemia at the first examination when multiple sclerosis was diagnosed, before the introduction of specific treatment. Tests were repeated but C₃ hypocomplementaemia was always observed. Furthermore, we followed histocompatibility antigens of A and B series in all multiple sclerosis (to be published) but were unable to connect B 18 specificity with hypocomplementaemia. Namely, there is no B 18 specificity at all among our hypocomplementaemic patients, which may reflect the lower frequency of this antigen in our population as well. This difference could be explained by the fact that the frequency of some haplotypes in multiple sclerosis patients depends on the geographic region with serious differences between regions¹¹. Trouillas and Batuel⁶ concluded that in their group of seventy-five patients normocomplementaemia was significantly associated with B 7. It is interesting that the B 7 frequency was almost the same in our group of multiple sclerosis patients as well (to be published).

Geraud et al.¹² found the C₃ level to be lower than in controls in the acute phase of the disease in non-infected multiple sclerosis patients. They stressed the importance of infection as a stimulatory mechanism for complement synthesis. However, it is hard to accept this suggestion in the light of our results, because the level of C₃ complement was significantly lower in the group of patients with serious infections compared with noninfected patients.

It is interesting that the levels of C₃ complement are lower in the group of patients with a longer duration of the disease, but higher in the case of a higher disability score (Table 2). To explain this apparent discrepancy, the preexisting immunopathological status should be analyzed, i.e. the patients' immunological status before the onset of multiple sclerosis symptoms. According to Trouillas and Betuel⁶, hypocomplementaemic multiple sclerosis is a specific form of the disease having, among other characteristics a fairly benign prognosis. Conversely, normocomplementaemic multiple sclerosis is associated with a late onset and poor prognosis. The analysis of clinical characteristics of the disease in our group of hypocomplementaemic patients has shown that they are approximately equally found in groups with the benign and the malign course of the disease, respectively with benign and poor prognosis¹³. Taking into account this facts as well as other data discussed above, it could be concluded that our results do not support the view of hypocomplementaemic multiple sclerosis as a specific form of disease.

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SAŽETAK

KRETANJE C₃ KOMPLEMENTA U KRVI BOLESNIKA S MULTIPLIM SKLEROZOM

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Pratili smo kretanje C₃ komponente komplementa u grupi od 68 bolesnika s klinički potvrđenom dijagnozom multiple skleroze. Kontrolne skupine sačinjavalo je 16 zdravih osoba i 22 bolesnika oboljela od drugih neupalnih neuroloških bolesti. Bolesnici s multiplom sklerozom imali su niže vrijednosti C₃ komplementa nego zdrave osobe i bolesnici oboljeli od drugih neuroloških bolesti. Hipokomplementemiju (vrijednosti C₃ ispod 0,95 g/l) imalo je 14 bolesnika (20,6%), a od toga 9 perzistentnu hipokomplementemiju. Za razliku od podataka u literaturi, u našoj populaciji nismo našli nikakvu povezanost između hipokomplementemije i B 18 specifičnosti HLA sustava. Značajno niže vrijednosti komplementa imali su bolesnici s teškim infekcijama i trajanjem bolesti dužim od 10 godina. Interesantno je da su bolesnici s većim stupnjem invalidnosti (prema Kurtzkeu) imali i značajno više vrijednosti komplementa. Naši rezultati ne podupiru mišljenja o hipokomplementičnoj multiploj sklerozu kao benignijoj formi bolesti.